

EAT SLEEP EXPLORE LTD

**Company Registration Number:
10402673 (England and Wales)**

Unaudited micro entity accounts for the year ended 30 September 2021

Period of accounts

Start date: 01 October 2020

End date: 30 September 2021

EAT SLEEP EXPLORE LTD

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EAT SLEEP EXPLORE LTD

Company Information

for the Period Ended 30 September 2021

Director:

Anthony Mills

Registered office:

67
Lackford Avenue
Totton
Southampton
England
SO40 9BS

Company Registration Number:

10402673 (England and Wales)

EAT SLEEP EXPLORE LTD

Balance sheet

As at 30 September 2021

	<i>2021</i> <i>£</i>	<i>2020</i> <i>£</i>
Fixed Assets:	753	1,004
Current assets:	35,283	29,902
Creditors: amounts falling due within one year:	(4,148)	(2,214)
Net current assets (liabilities):	31,135	27,688
Total assets less current liabilities:	31,888	28,692
Creditors: amounts falling due after more than one year:	(35,090)	(39,238)
Total net assets (liabilities):	(3,202)	(10,546)
Capital and reserves:	(3,202)	(10,546)

EAT SLEEP EXPLORE LTD

Balance sheet continued

For the year ending 30 September 2021 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions of the small companies regime applicable to micro-entities.

This report was approved by the board of directors on 24 June 2022

And Signed On Behalf Of The Board By:

Name: Anthony Mills

Status: Director

The notes form part of these financial statements

EAT SLEEP EXPLORE LTD

Footnotes to the Financial Statements

for the Period Ended 30 September 2021

1. Employee Information

Average number of employees: 1

EAT SLEEP EXPLORE LTD

Footnotes to the Financial Statements

for the Period Ended 30 September 2021

2. Off balance sheet disclosure

No

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.