

**HEALTHY BACK PROGRAMME LTD
UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 30 JUNE 2021**

HEALTHY BACK PROGRAMME LTD
UNAUDITED ACCOUNTS
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HEALTHY BACK PROGRAMME LTD
STATEMENT OF FINANCIAL POSITION
AS AT 30 JUNE 2021

	Notes	2021 £	2020 £
Current assets			
Debtors	4	40	-
Cash at bank and in hand		34,339	34,512
		<u>34,379</u>	<u>34,512</u>
Creditors: amounts falling due within one year	5	(33,766)	(33,404)
Net current assets		<u>613</u>	<u>1,108</u>
Net assets		<u>613</u>	<u>1,108</u>
Capital and reserves			
Called up share capital		100	100
Profit and loss account		513	1,008
Shareholders' funds		<u>613</u>	<u>1,108</u>

For the year ending 30 June 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities. The profit and loss account has not been delivered to the Registrar of Companies.

The financial statements were approved by the Board and authorised for issue on 24 March 2022 and were signed on its behalf by

E.W. Hartfiel
Director

Company Registration No. 10245602

HEALTHY BACK PROGRAMME LTD
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 30 JUNE 2021

1 Statutory information

Healthy Back Programme Ltd is a private company, limited by shares, registered in England and Wales, registration number 10245602. The registered office is Snowdonia Mountain Lodge, Bethesda, Gwynedd, LL57 3LX.

2 Compliance with accounting standards

The accounts have been prepared in accordance with the provisions of FRS 102 Section 1A Small Entities. There were no material departures from that standard.

3 Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year, and also have been consistently applied within the same accounts.

Basis of preparation

The accounts have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets.

Presentation currency

The accounts are presented in £ sterling.

4 Debtors: amounts falling due within one year

2021	2020
£	£

Trade debtors	40	-
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5 Creditors: amounts falling due within one year

2021	2020
£	£

Trade creditors	516	-
Other creditors	32,750	35,149
Loans from directors	-	(2,345)
Accruals	500	600
	<u>33,766</u>	<u>33,404</u>

6 Average number of employees

During the year the average number of employees was 0 (2020: 0).

