

**HEALTHY BACK PROGRAMME LTD
UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 30 JUNE 2022**

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UNAUDITED ACCOUNTS
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HEALTHY BACK PROGRAMME LTD
COMPANY INFORMATION
FOR THE YEAR ENDED 30 JUNE 2022

Director	E.W. Hartfiel
Company Number	10245602 (England and Wales)
Registered Office	Snowdonia Mountain Lodge Bethesda Gwynedd LL57 3LX
Accountants	Trident Tax and Accountancy Ltd Yr Hen Banc Business Centre 29/31 High Street Caergwrle Flintshire LL12 9EU

HEALTHY BACK PROGRAMME LTD

ACCOUNTANTS' REPORT

Accountants' report to the director of Healthy Back Programme Ltd (the company)

These financial statements have been prepared in accordance with our terms of engagement and in order to assist you to fulfil your duties under the Companies Acts that relate to preparing the financial statements of the company for the year ended 30 June 2022.

We have prepared these financial statements based on the accounting records, information and explanations provided by you. We do not express any opinion on the financial statements.

On the balance sheet you have acknowledged your duties under the prevailing Companies Acts to ensure that the company keeps adequate accounting records and prepares financial statements that give "a true and fair view".

You have determined that the company is exempt from the statutory requirement for an audit for the year ended 30 June 2022. Therefore, the financial statements are unaudited.

The financial statements are provided exclusively to the director for the limited purpose mentioned above, and may not be used or relied upon for any other purpose or by any other person, and we shall not be liable for any other usage or reliance.

Trident Tax and Accountancy Ltd

Yr Hen Banc Business Centre
29/31 High Street
Caergwrle
Flintshire
LL12 9EU

16 August 2022

HEALTHY BACK PROGRAMME LTD
STATEMENT OF FINANCIAL POSITION
AS AT 30 JUNE 2022

	Notes	2022 £	2021 £
Current assets			
Debtors	4	-	40
Cash at bank and in hand		35,424	34,339
		<u>35,424</u>	<u>34,379</u>
Creditors: amounts falling due within one year	5	(35,000)	(33,766)
Net current assets		<u>424</u>	<u>613</u>
Net assets		<u>424</u>	<u>613</u>
Capital and reserves			
Called up share capital		100	100
Profit and loss account		324	513
Shareholders' funds		<u>424</u>	<u>613</u>

For the year ending 30 June 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities. The profit and loss account has not been delivered to the Registrar of Companies.

The financial statements were approved by the Board and authorised for issue on 16 August 2022 and were signed on its behalf by

E.W. Hartfiel
Director

Company Registration No. 10245602

HEALTHY BACK PROGRAMME LTD
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 30 JUNE 2022

1 Statutory information

Healthy Back Programme Ltd is a private company, limited by shares, registered in England and Wales, registration number 10245602. The registered office is Snowdonia Mountain Lodge, Bethesda, Gwynedd, LL57 3LX. The company is in the process of being wound up.

2 Compliance with accounting standards

The accounts have been prepared in accordance with the provisions of FRS 102 Section 1A Small Entities. There were no material departures from that standard.

3 Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year, and also have been consistently applied within the same accounts.

Basis of preparation

The accounts have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets.

Presentation currency

The accounts are presented in £ sterling.

4 Debtors: amounts falling due within one year

	2022	2021
	£	£
Trade debtors	-	40
	<u> </u>	<u> </u>

5 Creditors: amounts falling due within one year

	2022	2021
	£	£
Trade creditors	-	516
Loans from directors	34,500	32,750
Accruals	500	500
	<u> </u>	<u> </u>
	35,000	33,766
	<u> </u>	<u> </u>

The company continues to trade with the goodwill of the director who is the main creditor.

6 Average number of employees

During the year the average number of employees was 0 (2021: 0).

