

HEALTHY BACK PROGRAMME LTD
UNAUDITED ACCOUNTS
FOR THE PERIOD FROM 22 JUNE 2016 TO 30 JUNE 2017

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UNAUDITED ACCOUNTS
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HEALTHY BACK PROGRAMME LTD
COMPANY INFORMATION
FOR THE PERIOD FROM 22 JUNE 2016 TO 30 JUNE 2017

Director	HARTFIEL, Edward Williams
Company Number	10245602 (England and Wales)
Registered Office	GLASLYN FFORDD Y PARC PARC MENAI BANGOR GWYNEDD LL57 4FE WALES

HEALTHY BACK PROGRAMME LTD
STATEMENT OF FINANCIAL POSITION
AS AT 30 JUNE 2017

	Notes	2017 £
Fixed assets		
Tangible assets	4	1,862
Current assets		
Cash at bank and in hand		19,721
Creditors: amounts falling due within one year	5	(25,000)
Net current liabilities		(5,279)
Net liabilities		(3,417)
Capital and reserves		
Called up share capital		10
Profit and loss account		(3,427)
Shareholders' funds		(3,417)

For the period ending 30 June 2017 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities. The profit and loss account has not been delivered to the Registrar of Companies.

Approved by the Board on 20 February 2018.

HARTFIEL, Edward Williams
Director

Company Registration No. 10245602

HEALTHY BACK PROGRAMME LTD
NOTES TO THE ACCOUNTS
FOR THE PERIOD FROM 22 JUNE 2016 TO 30 JUNE 2017

1 Statutory information

Healthy Back Programme Ltd is a private company, limited by shares, registered in England and Wales, registration number 10245602. The registered office is GLASLYN Ffordd y Parc, Parc Menai, Bangor, Gwynedd, LL57 4FE, Wales.

2 Compliance with accounting standards

The accounts have been prepared in accordance with the provisions of FRS 102 Section 1A Small Entities. There were no material departures from that standard.

3 Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below and have been consistently applied within the same accounts.

Basis of preparation

The accounts have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets.

Presentation currency

The accounts are presented in £ sterling.

Tangible fixed assets and depreciation

Tangible assets are included at cost less depreciation and impairment. Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives:

Plant & machinery 25% Reducing Balance

4 Tangible fixed assets

	Plant & machinery £
Cost or valuation	At cost
At 22 June 2016	2,679
At 30 June 2017	2,679
Depreciation	
Charge for the period	817
At 30 June 2017	817
Net book value	
At 30 June 2017	1,862

5 Creditors: amounts falling due within one year

	2017 £
Other creditors	25,000

6 Average number of employees

During the period the average number of employees was 0.

