

Registered Number:10185829

England and Wales

The Body-Fit Bootcamp Ltd

Unaudited Financial Statements

For the year ended 31 May 2023

The Body-Fit Bootcamp Ltd
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The Body-Fit Bootcamp Ltd
Statement of Financial Position
As at 31 May 2023

	Notes	2023 £	2022 £
Fixed assets			
Property, plant and equipment	2	(1,036)	4,773
		(1,036)	4,773
Current assets			
Trade and other receivables	3	37,938	16,209
Cash and cash equivalents		145	189
		38,083	16,398
Trade and other payables: amounts falling due within one year	4	(6,457)	(7,867)
Net current assets		31,626	8,531
Total assets less current liabilities		30,590	13,304
Trade and other payables: amounts falling due after more than one year	5	(9,540)	(12,813)
Net assets		21,050	491
Capital and reserves			
Called up share capital		100	100
Retained earnings		20,950	391
Shareholders' funds		21,050	491

For the year ended 31 May 2023 the company was entitled to exemption from audit under Section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 May 2023 in accordance with Section 476 of the Companies Act 2006

The director acknowledges his responsibilities for: a) ensuring that the company keeps proper accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and

b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Section 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

These financial statements were approved and authorised for issue by the Board on 11 January 2024 and were signed by:

Mr Jonathan Blackwell Director

The Body-Fit Bootcamp Ltd
Notes to the Financial Statements
For the year ended 31 May 2023

Statutory Information

The Body-Fit Bootcamp Ltd is a private limited company, limited by shares, domiciled in England and Wales, registration number 10185829.

Registered address:

6 Unwin Close
Elsenham
Essex
CM22 6US

The presentation currency is £ sterling.

1. Accounting policies

Basis of preparing the financial statements

These financial statements have been prepared in accordance with the provisions of Section 1A of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006. The financial statements have been prepared under the historical costs convention as modified by the revaluation of certain assets.

2. Property, plant and equipment

	Motor Vehicles	Furniture and Fittings	Total
Cost or valuation	£	£	£
At 01 June 2022	10,000	3,114	13,114
Disposals	(10,000)	-	(10,000)
At 31 May 2023	-	3,114	3,114
Provision for depreciation and impairment			
At 01 June 2022	5,781	2,560	8,341
Charge for year	-	184	184
On disposal	(4,375)	-	(4,375)
At 31 May 2023	1,406	2,744	4,150
Net book value			
At 31 May 2023	(1,406)	370	(1,036)
At 31 May 2022	4,219	554	4,773

3. Trade and other receivables

	2023	2022
	£	£
Other debtors	37,938	16,209

The Body-Fit Bootcamp Ltd
Notes to the Financial Statements Continued
For the year ended 31 May 2023

4. Trade and other payables: amounts falling due within one year

	2023	2022
	£	£
Bank loans and overdraft (secured)	-	2,911
Trade creditors	2	(1)
Taxation and social security	6,185	4,687
Other creditors	270	270
	6,457	7,867

5. Trade and other payables: amounts falling due after more than one year

	2023	2022
	£	£
Bank loans and overdraft	9,540	10,592
Bank loans and overdraft (secured)	-	2,221
	9,540	12,813

6. Average number of persons employed

During the year the average number of employees was 0

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.