

Company registration number: 10153858

**MH Health Benefits Limited**

**Unaudited filleted financial statements**

**30 April 2018**

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## **MH Health Benefits Limited**

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**MH Health Benefits Limited**

**Directors and other information**

<b>Director</b>	Mr M. A. Hutchings
<b>Company number</b>	10153858
<b>Registered office</b>	Leigh on Sea Essex SS9 1PE
<b>Business address</b>	67 Vernon Road Leigh on Sea Essex SS9 2PS
<b>Accountants</b>	Buckley Watson Limited 57a Broadway Leigh on Sea Essex SS9 1PE

**MH Health Benefits Limited**

**Chartered accountants report to the director on the preparation of the  
unaudited statutory financial statements of MH Health Benefits Limited  
Year ended 30 April 2018**

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of MH Health Benefits Limited for the year ended 30 April 2018 which comprise the statement of financial position and related notes from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales, we are subject to its ethical and other professional requirements which are detailed at <http://www.icaew.com/en/members/regulations-standards-and-guidance/>.

This report is made solely to the director of MH Health Benefits Limited, as a body, in accordance with the terms of our engagement letter dated 6 January 2019. Our work has been undertaken solely to prepare for your approval the financial statements of MH Health Benefits Limited and state those matters that we have agreed to state to them, as a body, in this report in accordance with the ICAEW Technical Release 07/16 AAF. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than MH Health Benefits Limited and its director as a body for our work or for this report.

It is your duty to ensure that MH Health Benefits Limited has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and profit of MH Health Benefits Limited. You consider that MH Health Benefits Limited is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the financial statements of MH Health Benefits Limited. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.



Buckley Watson Limited  
Chartered Accountants & Registered Auditors

57a Broadway  
Leigh on Sea  
Essex  
SS9 1PE

6 January 2019

**MH Health Benefits Limited**

**Statement of financial position  
30 April 2018**

	Note	2018 £	£	2017 £	£
<b>Fixed assets</b>					
Tangible assets	5	421		562	
			421		562
<b>Current assets</b>					
Cash at bank and in hand		15,810		30,014	
		15,810		30,014	
<b>Creditors: amounts falling due within one year</b>	6	(6,574)		(10,314)	
<b>Net current assets</b>			9,236		19,700
<b>Total assets less current liabilities</b>			9,657		20,262
<b>Net assets</b>			9,657		20,262
<b>Capital and reserves</b>					
Called up share capital			100		100
Profit and loss account			9,557		20,162
<b>Shareholders funds</b>			9,657		20,262

For the year ending 30 April 2018 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

**Director's responsibilities:**

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The director acknowledges their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In accordance with section 444 of the Companies Act 2006, the income statement has not been delivered.

**The notes on pages 5 to 8 form part of these financial statements.**

**MH Health Benefits Limited**

**Statement of financial position (continued)**  
**30 April 2018**

These financial statements were approved by the board of directors and authorised for issue on 6 January 2019, and are signed on behalf of the board by:

A handwritten signature in black ink, appearing to read 'M. A. Hutchings', with a large 'X' to its left.

Mr M. A. Hutchings  
Director

Company registration number: 10153858

**The notes on pages 5 to 8 form part of these financial statements.**

# **MH Health Benefits Limited**

## **Notes to the financial statements Year ended 30 April 2018**

### **1. General information**

The company is a private company limited by shares, registered in United Kingdom. The address of the registered office is 57a Broadway, Leigh on Sea, Essex, SS9 1PE.

### **2. Statement of compliance**

These financial statements have been prepared in compliance with the provisions of FRS 102, Section 1A, 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

### **3. Accounting policies**

#### **Basis of preparation**

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through profit or loss.

The financial statements are prepared in sterling, which is the functional currency of the entity.

#### **Turnover**

Turnover is measured at the fair value of the consideration received or receivable for goods supplied and services rendered, net of discounts and Value Added Tax.

Revenue from the sale of goods is recognised when the significant risks and rewards of ownership have transferred to the buyer, usually on despatch of the goods; the amount of revenue can be measured reliably; it is probable that the associated economic benefits will flow to the entity and the costs incurred or to be incurred in respect of the transactions can be measured reliably.

#### **Taxation**

The taxation expense represents the aggregate amount of current and deferred tax recognised in the reporting period. Tax is recognised in the statement of comprehensive income, except to the extent that it relates to items recognised in other comprehensive income or directly in capital and reserves. In this case, tax is recognised in other comprehensive income or directly in capital and reserves, respectively.

Current tax is recognised on taxable profit for the current and past periods. Current tax is measured at the amounts of tax expected to pay or recover using the tax rates and laws that have been enacted or substantively enacted at the reporting date.

Deferred tax is recognised in respect of all timing differences at the reporting date. Unrelieved tax losses and other deferred tax assets are recognised to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits. Deferred tax is measured using the tax rates and laws that have been enacted or substantively enacted by the reporting date that are expected to apply to the reversal of the timing difference.

## **MH Health Benefits Limited**

### **Notes to the financial statements (continued) Year ended 30 April 2018**

#### **Tangible assets**

Tangible assets are initially recorded at cost, and are subsequently stated at cost less any accumulated depreciation and impairment losses.

Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other comprehensive income and accumulated in capital and reserves, except to the extent it reverses a revaluation decrease of the same asset previously recognised in profit or loss. A decrease in the carrying amount of an asset as a result of revaluation is recognised in other comprehensive income to the extent of any previously recognised revaluation increase accumulated in capital and reserves in respect of that asset. Where a revaluation decrease exceeds the accumulated revaluation gains accumulated in capital and reserves in respect of that asset, the excess shall be recognised in profit or loss.

#### **Depreciation**

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

If there is an indication that there has been a significant change in depreciation rate, useful life or residual value of tangible assets, the depreciation is revised prospectively to reflect the new estimates.

#### **Impairment**

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

When it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that are largely independent of the cash inflows from other assets or groups of assets.



# MH Health Benefits Limited

## Notes to the financial statements (continued) Year ended 30 April 2018

### Financial instruments

A financial asset or a financial liability is recognised only when the company becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the transaction price, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Debt instruments are subsequently measured at amortised cost.

Where investments in non-convertible preference shares and non-puttable ordinary shares or preference shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in profit or loss. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in profit or loss, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised in profit or loss immediately.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised in profit or loss immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

### 4. Employee numbers

The average number of persons employed by the company during the year amounted to 2 (2017: 2).

### 5. Tangible assets

	Fixtures, fittings and equipment £	Total £
<b>Cost</b>		
<b>At 1 May 2017 and 30 April 2018</b>	750	750
<b>Depreciation</b>		
At 1 May 2017	188	188
Charge for the year	141	141
<b>At 30 April 2018</b>	329	329
<b>Carrying amount</b>		
<b>At 30 April 2018</b>	421	421
At 30 April 2017	562	562

**MH Health Benefits Limited**

**Notes to the financial statements (continued)**  
**Year ended 30 April 2018**

**6. Creditors: amounts falling due within one year**

	<b>2018</b>	2017
	<b>£</b>	<b>£</b>
Corporation tax	5,456	9,193
Other creditors	1,118	1,121
	<u>6,574</u>	<u>10,314</u>

**7. Directors advances, credits and guarantees**

During the year the director entered into the following advances and credits with the company:

	<b>2018</b>			
	Balance brought forward	Advances /(credits) to the director	Amounts repaid	Balance o/standing
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Mr M. A. Hutchings	(5)	-	3	(2)
	<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>
	<b>2017</b>			
	Balance brought forward	Advances /(credits) to the director	Amounts repaid	Balance o/standing
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Mr M. A. Hutchings	-	(5)	-	(5)
	<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>