

**FORMBY FITNESS LIMITED  
UNAUDITED ACCOUNTS  
FOR THE YEAR ENDED 31 JANUARY 2023**

**FORMBY FITNESS LIMITED**  
**ANNUAL REPORT AND UNAUDITED ACCOUNTS**  
**FOR THE YEAR ENDED 31 JANUARY 2023**

---

| <b>CONTENTS</b>                        | <b>PAGE</b> |
|--|-------------|
| <u>Company information</u>             | <u>3</u>    |
| <u>Statement of financial position</u> | <u>4</u>    |

**FORMBY FITNESS LIMITED**  
**COMPANY INFORMATION**  
**FOR THE YEAR ENDED 31 JANUARY 2023**

---

|                          |  |
|--------------------------|--|
| <b>Directors</b>         | Barry Hall   |
| <b>Secretary</b>         | Martin Gabriel   |
| <b>Company Number</b>    | 09937272 (England and Wales)   |
| <b>Registered Office</b> | 9 GREEN LANE<br>FORMBY<br>LIVERPOOL<br>L37 7DJ<br>UNITED KINGDOM   |
| <b>Accountants</b>       | Doyle & Company Accountants<br>6 St Luke's Buildings<br>Hart Street Bridge<br>Southport<br>Merseyside<br>PR8 6BP |

**FORMBY FITNESS LIMITED**  
**STATEMENT OF FINANCIAL POSITION**  
**AS AT 31 JANUARY 2023**

|   | <b>2023</b>   | <b>2022</b>   |
|---|---------------|---------------|
|   | <b>£</b>      | <b>£</b>      |
| Fixed assets  | 20,927        | 25,991        |
| Current assets  | 8,806         | 17,481        |
| Creditors: amounts falling due within one year          | 15,530        | 20,853        |
| <b>Net current assets</b>                               | <b>24,336</b> | <b>38,334</b> |
| <b>Total assets less current liabilities</b>            | <b>45,263</b> | <b>64,325</b> |
| Creditors: amounts falling due after more than one year | (15,166)      | (19,401)      |
| Accruals and deferred income                            | (1,173)       | (1,385)       |
| <b>Net assets</b>                                       | <b>28,924</b> | <b>43,539</b> |
| <b>Capital and reserves</b>                             | <b>28,924</b> | <b>43,539</b> |

**NOTES TO THE ACCOUNTS**

**1 Statutory information**

Formby Fitness Limited is a private company, limited by shares, registered in England and Wales, registration number 09937272. The registered office is 9 GREEN LANE, FORMBY, LIVERPOOL, L37 7DJ, UNITED KINGDOM.

**2 Average number of employees**

During the year the average number of employees was 0 (2022: 3).

For the year ending 31 January 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Approved by the board on 31 October 2023

Barry Hall  
Director

Company Registration No. 09937272

