

**100PERCENTFITNESS LIMITED
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

100percentfitness Limited
Balance Sheet
As At 31 December 2022

Registered number: 09936519

	2022	2021
	£	£
Fixed assets	1,856	2,857
Current assets	16,548	2,533
Creditors: Amounts Falling Due Within One Year	(17,310)	(16,699)
NET CURRENT LIABILITIES	(762)	(14,166)
TOTAL ASSETS LESS CURRENT LIABILITIES	1,094	(11,309)
Accruals and deferred income	(2,282)	(1,370)
NET LIABILITIES	(1,188)	(12,679)
CAPITAL AND RESERVES	(1,188)	(12,679)

Notes

1. Average Number of Employees

Average number of employees, including directors, during the year was as follows: 1 (2021: 1)

2. Directors Advances, Credits and Guarantees

Included within Debtors are the following loans to directors:

	As at 1 January 2022	Amounts advanced	Amounts repaid	Amounts written off	As at 31 December 2022
	£	£	£	£	£
Mr Darius Mcdonald	(100)	9,499	-	-	9,399

The above loan is unsecured, interest free and repayable on demand.

3. General Information

100percentfitness Limited is a private company, limited by shares, incorporated in England & Wales, registered number 09936519 . The registered office is Unit 5 Brockley Road, Elsworth, Cambridge, CB23 4EY.

100percentfitness Limited
Balance Sheet (continued)
As At 31 December 2022

For the year ending 31 December 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The member has not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies' regime.

On behalf of the board

Mr Darius Mcdonald

Director

29/09/2023

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.