

Unaudited Financial Statements for the Year Ended 31 December 2019

for

100percentfitness Limited

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Statement of Financial Position
31 December 2019

	31.12.19		31.12.18	
	£	£	£	£
FIXED ASSETS		3,195		3,839
CURRENT ASSETS	7,612		7,207	
CREDITORS				
Amounts falling due within one year	<u>(7,988)</u>		<u>(4,573)</u>	
NET CURRENT (LIABILITIES)/ASSETS		<u>(376)</u>		<u>2,634</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>2,819</u>		<u>6,473</u>
CAPITAL AND RESERVES		<u>2,819</u>		<u>6,473</u>

NOTES TO THE FINANCIAL STATEMENTS

1. STATUTORY INFORMATION

100percentfitness Limited is a private company, limited by shares , registered in England and Wales. The company's registered number and registered office address are as below:

Registered number: 09936519

Registered office: 5 Swynford Road
Alconbury Weald
Huntingdon
Cambridgeshire
PE28 4XH

The presentation currency of the financial statements is the Pound Sterling (£).

These financial statements for the year ended 31 December 2019 are the first financial statements that comply with FRS 105 for micro entities. The date of transition is 1 January 2018. The transition to FRS 105 for micro entities has not resulted in any changes to any figures.

2. AVERAGE NUMBER OF EMPLOYEES

The average number of employees during the year was 1 (2018 - NIL) .

Statement of Financial Position - continued
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The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2019.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2019 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the director and authorised for issue on 19 December 2020 and were signed by:

Mr D D McDonald - Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.