

Unaudited Financial Statements for the Year Ended 31 December 2019

for

**Strength To Strength Personal Training
Limited**

BBK Partnership
Chartered Accountants
1 Beauchamp Court
10 Victors Way
Barnet
Hertfordshire
EN5 5TZ

**Strength To Strength Personal Training
Limited (Registered number: 09916609)**

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**Strength To Strength Personal Training
Limited (Registered number: 09916609)**

**Statement of Financial Position
31 DECEMBER 2019**

	31.12.19		31.12.18	
	£	£	£	£
FIXED ASSETS		877		-
CURRENT ASSETS	52,775		36,077	
CREDITORS				
Amounts falling due within one year	(9,451)		(7,909)	
NET CURRENT ASSETS		<u>43,324</u>		<u>28,168</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>44,201</u>		<u>28,168</u>
CAPITAL AND RESERVES		<u>44,201</u>		<u>28,168</u>

NOTES TO THE FINANCIAL STATEMENTS

1. STATUTORY INFORMATION

Strength To Strength Personal Training Limited is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address are as below:

Registered number: 09916609

Registered office: 6 Britannia Way
Gosport
England
London
PO12 4GJ

2. AVERAGE NUMBER OF EMPLOYEES

The average number of employees during the year was 1 (2018 - 1).

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2019.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2019 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

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**Statement of Financial Position - continued
31 DECEMBER 2019**

The financial statements have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the director and authorised for issue on 15 April 2020 and were signed by:

Mr D O'Sullivan - Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.