

Company Registration No. 9907803 (England and Wales)

**INSIGHT AUTISM AWARENESS COMMUNITY INTEREST COMPANY  
ANNUAL REPORT AND UNAUDITED ACCOUNTS  
FOR THE YEAR ENDED 31 DECEMBER 2019**



**INSIGHT AUTISM AWARENESS COMMUNITY INTEREST COMPANY  
ANNUAL REPORT AND UNAUDITED ACCOUNTS  
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**INSIGHT AUTISM AWARENESS COMMUNITY INTEREST COMPANY**  
**COMPANY INFORMATION**  
**FOR THE YEAR ENDED 31 DECEMBER 2019**

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<b>Directors</b>	Nikki Stevenson Trevor John Wright
<b>Company Number</b>	9907803 (England and Wales)
<b>Registered Office</b>	7 MANSFIELD ROAD NOTTINGHAM NOTTINGHAMSHIRE NG1 3FB
<b>Accountants</b>	David Jarman Jarman Accountancy and Consulting Ltd 11, Elmdale Road Bristol Avon BS8 1SL

**INSIGHT AUTISM AWARENESS COMMUNITY INTEREST COMPANY**  
**(COMPANY NO: 9907803 ENGLAND AND WALES)**  
**DIRECTORS' REPORT**

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The directors present their report and accounts for the year ended 31 December 2019

**Principal activity**

InSight is a social enterprise established to improve autism awareness and practice amongst communities and organisations. It is led by professional and experienced people on the autistic spectrum who can talk from experience about practical measures that can enable autistic people in work, relationships, education and as customers. The enterprise offers -

1. Autism Awareness Briefings and Training
2. 1:1 problem solving support and mentoring
3. Organisational audits against best practice guidelines
4. Practical support for autistic employees and their managers

**Directors**

The following directors held office during the whole of the period.

Nikki Stevenson  
Trevor John Wright

**Statement of directors' responsibilities**

The directors are responsible for preparing the report and accounts in accordance with applicable law and regulations.

Company law requires the directors to prepare accounts for each financial year. Under that law, the directors have elected to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing these accounts, the directors are required to:

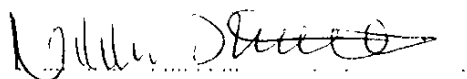
- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the company will continue in business

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Small company provisions**

This report has been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

Signed on behalf of the board of directors



Nikki Stevenson  
Director

Approved by the board on 17 April 2020

## **INSIGHT AUTISM AWARENESS COMMUNITY INTEREST COMPANY ACCOUNTANTS' REPORT**

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### **Accountants' report to the board of directors of Insight Autism Awareness Community Interest Company on the preparation of the unaudited statutory accounts for the year ended 31 December 2019**

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the accounts of Insight Autism Awareness Community Interest Company for the year ended 31 December 2019 as set out on pages 6 - 8 from the company's accounting records and from information and explanations you have given us.

This report is made solely to the Board of Directors of Insight Autism Awareness Community Interest Company, as a body, in accordance with the terms of our engagement. Our work has been undertaken solely to prepare for your approval the accounts of Insight Autism Awareness Community Interest Company and state those matters that we have agreed to state to them, as a body, in this report. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Insight Autism Awareness Community Interest Company and its Board of Directors as a body for our work or for this report.

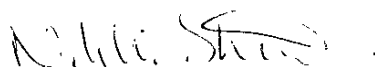
It is your duty to ensure that Insight Autism Awareness Community Interest Company has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and profit of Insight Autism Awareness Community Interest Company. You consider that Insight Autism Awareness Community Interest Company is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the accounts of Insight Autism Awareness Community Interest Company. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory accounts.

David Jarman

Jarman Accountancy and Consulting Ltd  
11, Elmdale Road  
Bristol  
Avon  
BS8 1SL

17 April 2020



**INSIGHT AUTISM AWARENESS COMMUNITY INTEREST COMPANY**  
**INCOME STATEMENT**  
**FOR THE YEAR ENDED 31 DECEMBER 2019**

	<b>2019</b>	<b>2018</b>
	<b>£</b>	<b>£</b>
<b>Turnover</b>	10,066	4,901
Cost of sales	(7,154)	(2,433)
<b>Gross profit</b>	<u>2,912</u>	<u>2,468</u>
Administrative expenses	(2,540)	(1,852)
<b>Operating profit</b>	<u>372</u>	<u>616</u>
<b>Profit on ordinary activities before taxation</b>	<u>372</u>	<u>616</u>
Tax on profit on ordinary activities	(70)	(117)
<b>Profit for the financial year</b>	<u><u>302</u></u>	<u><u>499</u></u>

*N. Ali Shaukat*

**INSIGHT AUTISM AWARENESS COMMUNITY INTEREST COMPANY**  
**STATEMENT OF FINANCIAL POSITION**  
**AS AT 31 DECEMBER 2019**

	Notes	2019 £	2018 £
<b>Current assets</b>			
Cash at bank and in hand		1,468	1,213
<b>Creditors: amounts falling due within one year</b>	4	(370)	(417)
<b>Net current assets</b>		1,098	796
<b>Net assets</b>		1,098	796
<b>Capital and reserves</b>			
Profit and loss account		1,098	796
<b>Shareholders' funds</b>		1,098	796

For the year ending 31 December 2019 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities.

Approved by the Board on 17 April 2020.



Nikki Stevenson  
Director

Company Registration No. 9907803

**INSIGHT AUTISM AWARENESS COMMUNITY INTEREST COMPANY**  
**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2019**

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**1 Statutory information**

Insight Autism Awareness Community Interest Company is a private company, limited by shares, registered in England and Wales, registration number 9907803. The registered office is 7 MANSFIELD ROAD, NOTTINGHAM, NOTTINGHAMSHIRE, NG1 3FB

**2 Compliance with accounting standards**

The accounts have been prepared in accordance with the provisions of FRS 102 Section 1A Small Entities. There were no material departures from that standard.

**3 Accounting policies**

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year, and also have been consistently applied within the same accounts.

***Basis of preparation***

The accounts have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets.

***Presentation currency***


The accounts are presented in £ sterling.

**4 Creditors: amounts falling due within one year**

	<b>2019</b>	<b>2018</b>
	<b>£</b>	<b>£</b>
Taxes and social security	70	117
Other creditors	300	300
	<u>370</u>	<u>417</u>

**5 Average number of employees**

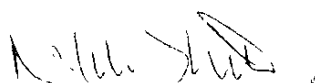
During the year the average number of employees was 0 (2018: 0).





**INSIGHT AUTISM AWARENESS COMMUNITY INTEREST COMPANY**  
**DETAILED PROFIT AND LOSS ACCOUNT**  
**FOR THE YEAR ENDED 31 DECEMBER 2019**

	<b>2019</b>	<b>2018</b>
	<b>£</b>	<b>£</b>
<b>Turnover</b>		
Sales	10,066	4,901
<b>Cost of sales</b>		
Purchases	7,154	2,433
<b>Gross profit</b>	2,912	2,468
<b>Administrative expenses</b>		
Travel and subsistence	261	303
Use of home	1,872	-
Telephone and fax	-	89
Postage	67	67
Stationery and printing	12	42
Equipment expensed	-	1,023
Accountancy fees	300	300
Other legal and professional	28	28
	2,540	1,852
<b>Operating profit</b>	372	616
<b>Profit on ordinary activities before taxation</b>	372	616



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# CIC 34

## Community Interest Company Report

**For official use**  
(Please leave blank)

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*Please  
complete in  
typescript, or  
in bold black  
capitals.*

**Company Name in  
full**

InSight Autism Awareness CIC

**Company Number**

9907803

**Year Ending**

31/12/2019

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

**(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)**

**PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT**

InSight has been delivering training to a range of NHS, Social Work, Law Enforcement and various public-sector staff. We have received 100% positive feedback from our clients and have been told many times that the practical approaches we teach will and have a huge impact on the working lives of both staff and their colleagues and customers. In addition to this we have been leading the local authority quarterly autism champions meetings where we deliver updated and advanced training alongside regional and national updates. This greatly enables colleagues to disseminate key and up to date knowledge throughout their workplaces, ensuring that their autistic clients and customers can experience a more level playing field.

We expanded provision and provided work place assessments across various distribution sites as well as pilot training for a large distributor. This has enabled the distributor to employ several autistic workers secure in the understanding of how to work inclusively thus enabling the autistic adults to be fully included individuals in their working environment. We have been approached by various other interested parties in charity sector and are currently involved in collaborative funding ventures albeit somewhat on hold under the current lockdown.

We have invested in and enhanced our knowledge base by through director education leading to British Psychological Society Accreditation. This potentially allows us to diversify our remit in the future.

*(If applicable, please just state "A social audit report covering these points is attached").*

*(Please continue on separate continuation sheet if necessary.)*

**PART 2 – CONSULTATION WITH STAKEHOLDERS** – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

We received feedback forms from those attending the training sessions. We used the feedback to inform how we were going to shape our training session going forwards. This is an ongoing process because we also update our materials based on new research data around autism. When we update the course, the feedback is doubly useful in assessing our newest material. We also check clients understanding during the sessions using formative assessment techniques. We regularly meet new prospective clients to discuss and establish their needs as well as discussing feedback with established clients.

*(If applicable, please just state "A social audit report covering these points is attached").*

**PART 3 – DIRECTORS' REMUNERATION** – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

No remuneration was received

There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed.

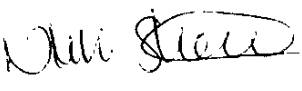
**PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION** – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

No transfer of assets other than for full consideration has been made

## PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

Signed



Date

05/05/2020

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

InSight Autism Awareness	
Nottingham Voluntary Action Centre	
7 Mansfield Rd	
Nottingham NG1 3FB	
DX Number	DX Exchange

**When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:**

*For companies registered in England and Wales:* Companies House, Crown Way, Cardiff, CF14 3UZ  
DX 33050 Cardiff

*For companies registered in Scotland:* Companies House, 4<sup>th</sup> Floor, Edinburgh Quay 2, 139  
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

*For companies registered in Northern Ireland:* Companies House, 2nd Floor, The Linenhall, 32-38  
Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 **cannot** be filed online

**(N.B. Please enclose a cheque for £15 payable to Companies House)**