

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 AUGUST 2022

FOR

10 POINT FITNESS LIMITED

CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 AUGUST 2022

	Page
Balance Sheet	1

10 POINT FITNESS LIMITED (REGISTERED NUMBER: 09740818)**BALANCE SHEET**
31 AUGUST 2022

	31.8.22		31.8.21
	£	£	£
FIXED ASSETS		46,145	21,468
CURRENT ASSETS	6,896		21,127
CREDITORS			
Amounts falling due within one year	<u>(41,861)</u>		<u>(17,964)</u>
NET CURRENT (LIABILITIES)/ASSETS		<u>(34,965)</u>	<u>3,163</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		11,180	24,631
CREDITORS			
Amounts falling due after more than one year		<u>11,000</u>	<u>15,000</u>
NET ASSETS		<u>180</u>	<u>9,631</u>
CAPITAL AND RESERVES		<u>180</u>	<u>9,631</u>

NOTES TO THE FINANCIAL STATEMENTS**1. STATUTORY INFORMATION**

10 Point Fitness Limited is a private company, limited by shares , registered in England and Wales. The company's registered number and registered office address are as below:

Registered number: 09740818

Registered office: 27 Churchill Road
Braintree
Essex
CM7 5SP

2. AVERAGE NUMBER OF EMPLOYEES

The average number of employees during the year was 2 (2021 - 2) .

BALANCE SHEET - continued
31 AUGUST 2022

NOTES TO THE FINANCIAL STATEMENTS

3. DIRECTORS' ADVANCES, CREDITS AND GUARANTEES

The following advances and credits to directors subsisted during the years ended 31 August 2022 and 31 August 2021:

	31.8.22	31.8.21
	£	£
GJ Poulter and Mrs R Poulter		
Balance outstanding at start of year	(8,058)	(8,645)
Amounts advanced	2,966	1,367
Amounts repaid	(25,836)	(780)
Amounts written off	-	-
Amounts waived	-	-
Balance outstanding at end of year	<u>(30,928)</u>	<u>(8,058)</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 August 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 August 2022 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board of Directors and authorised for issue on 25 May 2023 and were signed on its behalf by:

GJ Poulter - Director

Mrs R Poulter - Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.