

**LEMON BALM THERAPEUTIC HORTICULTURE COMMUNITY INTEREST  
COMPANY**

**Company limited by guarantee**

**Company Registration Number:  
09740573 (England and Wales)**

**Unaudited statutory accounts for the year ended 31 August 2022**

**Period of accounts**

**Start date: 1 September 2021**

**End date: 31 August 2022**

# **LEMON BALM THERAPEUTIC HORTICULTURE COMMUNITY INTEREST COMPANY**

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**for the Period Ended 31 August 2022**

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# **LEMON BALM THERAPEUTIC HORTICULTURE COMMUNITY INTEREST COMPANY**

## **Directors' report period ended 31 August 2022**

The directors present their report with the financial statements of the company for the period ended 31 August 2022

### **Principal activities of the company**

Delivering programs of horticultural therapy and designing community spaces.

### **Additional information**

The company has wound up with voluntary insolvency. Part accounts for the year 2223 are also included as this will be our final submission. We're sending the same, along with a CT600 to HMRC and will apply to be struck from the register in due course.

### **Directors**

The directors shown below have held office during the whole of the period from  
**1 September 2021 to 31 August 2022**

Isabel Swift  
Caroline Scott

The director shown below has held office during the period of  
**1 September 2021 to 1 April 2022**

Elizabeth Fellows

The director shown below has held office during the period of  
**20 March 2022 to 31 August 2022**

Hannah Beard

The director shown below has held office during the period of  
**20 March 2022 to 26 March 2022**

Olivia Kenyon

The above report has been prepared in accordance with the special provisions in part 15 of the Companies Act 2006

This report was approved by the board of directors on  
**13 February 2023**

And signed on behalf of the board by:

**Name: Isabel Swift**  
**Status: Director**

# LEMON BALM THERAPEUTIC HORTICULTURE COMMUNITY INTEREST COMPANY

## Profit And Loss Account for the Period Ended 31 August 2022

	2022	2021
	£	£
Turnover:	78,393	60,886
<b>Gross profit(or loss):</b>	<u>78,393</u>	<u>60,886</u>
Administrative expenses:	( 81,538 )	( 79,042 )
Other operating income:	1,267	6,006
<b>Operating profit(or loss):</b>	<u>(1,878)</u>	<u>(12,150)</u>
Interest receivable and similar income:	36	20
Interest payable and similar charges:	( 798 )	( 441 )
<b>Profit(or loss) before tax:</b>	<u>(2,640)</u>	<u>(12,571)</u>
<b>Profit(or loss) for the financial year:</b>	<u>(2,640)</u>	<u>(12,571)</u>

# LEMON BALM THERAPEUTIC HORTICULTURE COMMUNITY INTEREST COMPANY

## Balance sheet

As at 31 August 2022

	<i>Notes</i>	<i>2022</i>	<i>2021</i>
		<b>£</b>	<b>£</b>
<b>Fixed assets</b>			
Tangible assets:	3	515	1,337
<b>Total fixed assets:</b>		<u>515</u>	<u>1,337</u>
<b>Current assets</b>			
Stocks:	4	751	837
Debtors:	5	725	5,220
Cash at bank and in hand:		6,774	88
<b>Total current assets:</b>		<u>8,250</u>	<u>6,145</u>
Creditors: amounts falling due within one year:	6	( 18,498 )	( 11,167 )
<b>Net current assets (liabilities):</b>		<u>(10,248)</u>	<u>(5,022)</u>
<b>Total assets less current liabilities:</b>		<u>(9,733)</u>	<u>( 3,685 )</u>
Creditors: amounts falling due after more than one year:	7	( 12,025 )	( 14,554 )
Accruals and deferred income:		( 15,063 )	
<b>Total net assets (liabilities):</b>		<u>(36,821)</u>	<u>(18,239)</u>
<b>Members' funds</b>			
Profit and loss account:		(36,821)	( 18,239 )
<b>Total members' funds:</b>		<u>( 36,821 )</u>	<u>(18,239)</u>

The notes form part of these financial statements

# **LEMON BALM THERAPEUTIC HORTICULTURE COMMUNITY INTEREST COMPANY**

## **Balance sheet statements**

For the year ending 31 August 2022 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

**This report was approved by the board of directors on 7 February 2023  
and signed on behalf of the board by:**

Name: Isabel Swift  
Status: Director

The notes form part of these financial statements

# **LEMON BALM THERAPEUTIC HORTICULTURE COMMUNITY INTEREST COMPANY**

## **Notes to the Financial Statements**

**for the Period Ended 31 August 2022**

### **1. Accounting policies**

#### **Basis of measurement and preparation**

These financial statements have been prepared in accordance with the provisions of Financial Reporting Standard 101

# **LEMON BALM THERAPEUTIC HORTICULTURE COMMUNITY INTEREST COMPANY**

## **Notes to the Financial Statements**

**for the Period Ended 31 August 2022**

### **2. Employees**

	<i><b>2022</b></i>	<i><b>2021</b></i>
Average number of employees during the period	<b>1</b>	<b>1</b>

# LEMON BALM THERAPEUTIC HORTICULTURE COMMUNITY INTEREST COMPANY

## Notes to the Financial Statements

for the Period Ended 31 August 2022

### 3. Tangible assets

	Land & buildings	Plant & machinery	Fixtures & fittings	Office equipment	Motor vehicles	Total
Cost	£	£	£	£	£	£
At 1 September 2021		1,620	210	1,469		3,299
Additions						
Disposals						
Revaluations						
Transfers						
At 31 August 2022		1,620	210	1,469		3,299
<b>Depreciation</b>						
At 1 September 2021		1,215	159	588		1,962
Charge for year		405	51	366		822
On disposals						
Other adjustments						
At 31 August 2022		1,620	210	954		2,784
<b>Net book value</b>						
At 31 August 2022		0	0	515		515
At 31 August 2021		405	51	881		1,337

# LEMON BALM THERAPEUTIC HORTICULTURE COMMUNITY INTEREST COMPANY

## Notes to the Financial Statements

for the Period Ended 31 August 2022

### 4. Stocks

	2022	2021
	£	£
Stocks	751	837
Total	<u>751</u>	<u>837</u>

# LEMON BALM THERAPEUTIC HORTICULTURE COMMUNITY INTEREST COMPANY

## Notes to the Financial Statements

for the Period Ended 31 August 2022

### 5. Debtors

	<i>2022</i>	<i>2021</i>
	<i>£</i>	<i>£</i>
Trade debtors	725	5,128
Prepayments and accrued income		92
Total	<u>725</u>	<u>5,220</u>

# LEMON BALM THERAPEUTIC HORTICULTURE COMMUNITY INTEREST COMPANY

## Notes to the Financial Statements

for the Period Ended 31 August 2022

### 6. Creditors: amounts falling due within one year note

	2022	2021
	£	£
Bank loans and overdrafts	2,298	5,441
Trade creditors	1,137	316
Accruals and deferred income	15,063	2,228
Other creditors		3,182
Total	<u>18,498</u>	<u>11,167</u>

# LEMON BALM THERAPEUTIC HORTICULTURE COMMUNITY INTEREST COMPANY

## Notes to the Financial Statements

for the Period Ended 31 August 2022

### 7. Creditors: amounts falling due after more than one year note

	<i>2022</i>	<i>2021</i>
	<i>£</i>	<i>£</i>
Bank loans and overdrafts	<b>12,025</b>	14,554
Total	<b><u>12,025</u></b>	<u>14,554</u>

# COMMUNITY INTEREST ANNUAL REPORT

## LEMON BALM THERAPEUTIC HORTICULTURE COMMUNITY INTEREST COMPANY

Company Number: 09740573 (England and Wales)

Year Ending: 31 August 2022

### Company activities and impact

Consultation and Design Services During this time we have: Worked with St Gemma's Hospice to continue developing and maintaining their outdoor spaces. Continued to work with Leeds Community Homes, consulting with the local community on designs for their site at Mistress Lane. Worked with The Great British Food Festival, delivering growing workshops. Continued working with Spring Bank Primary School to raise funds to co-create a climate resilient garden for the pupils, staff and school community. Continued working with Meanwood Valley Partnership and a steering group of local stakeholders on the Love Meanwood Vision; to make Meanwood a climate resilient community where all neighbours can enjoy a healthy life with equal access to opportunities, facilities, services and public spaces. Including working with Yorkshire Wildlife Trust and Urban Wilderness to produce an initial water quality design report of the Meanwood Beck. Continued working with Forget Me Not Hospice at Russell House, hosting a volunteer planting program and developing their peace garden. Social, Therapeutic Horticulture During this time we have: Delivered a staff wellbeing social, horticultural therapy program at St James' Hospital. With support from TCV & LOPF delivered a 12 week STH program aimed towards older people (Growing Older), helping them to begin socialising again after long periods of isolation during the pandemic. Alongside Growing Older we also delivered a 12 week STH program, Growing Well Women. Providing a safe and supportive space to encourage local women to reflect on and improve their wellbeing whilst beginning to socialise again.

### Consultation with stakeholders

Our stakeholders are the community groups for whom we design spaces and the people who ultimately use those spaces. Consulting them is a fundamental part of our approach to design work.

### Directors' remuneration

Isabel Swift was a salaried staff member during this period. This is shown in the accounts. Caroline Scott did occasional freelance work.

### Transfer of assets

The business is winding up. Included here are full accounts for 2023 and part accounts for 2022. We ceased trading on 13th Jan 2023 and in accordance with our asset lock we gave all remaining materials and equipment to 'Incredible Edible Meanwood' and 'Meanwood Valley Urban Farm' whose community aims and objectives match ours. Namely to benefit human health and wellbeing through gardening and the outdoors.

This report was approved by the board of directors on  
**13 February 2023**

And signed on behalf of the board by:

**Name: Isabel Swift**

**Status: Director**

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.