Abbreviated Unaudited Accounts

for the Period 3 August 2015 to 30 June 2016

for

24/7 Fitness Group Gb Ltd

24/7 Fitness Group Gb Ltd (Registered number: 09713507)

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24/7 Fitness Group Gb Ltd

Company Information for the Period 3 August 2015 to 30 June 2016

DIRECTORS: Ms S J Chivers Mr G K Lockwood

SECRETARY: Ms S J Chivers

REGISTERED OFFICE: R5b South Promenade Building

Gunwharf Quays Portsmouth Hampshire PO1 3TP

REGISTERED NUMBER: 09713507 (England and Wales)

ACCOUNTANTS: JARACS Limited

24 Suffolk Road Lowestoft Suffolk NR32 1DZ

24/7 Fitness Group Gb Ltd (Registered number: 09713507)

Abbreviated Balance Sheet

30 June 2016

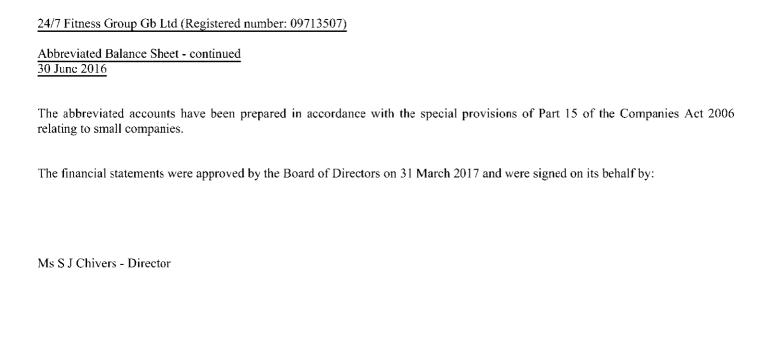
	Notes	£	£
FIXED ASSETS			
Intangible assets	2		143,712
Tangible assets	3		67,723
			211,435
CURRENT ASSETS			
Debtors		54,124	
Cash at bank and in hand		7,866	
		61,990	
CREDITORS			
Amounts falling due within one year		254,116	
NET CURRENT LIABILITIES			(192,126)
TOTAL ASSETS LESS CURRENT			
LIABILITIES			19,309
			,
CREDITORS			
Amounts falling due after more than one			
year			23,771
NET LIABILITIES			$\frac{(4,462)}{(4,462)}$
THE EMBRET TES			
CAPITAL AND RESERVES			
Called up share capital	4		100
Profit and loss account	•		(4,562)
SHAREHOLDERS' FUNDS			(4,462)
SHAREHOLDERS FUNDS			(7,702)

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 30 June 2016.

The members have not required the company to obtain an audit of its financial statements for the period ended 30 June 2016 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.



Notes to the Abbreviated Accounts

for the Period 3 August 2015 to 30 June 2016

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax.

Goodwill

Goodwill, being the amount paid in connection with the acquisition of a business in 2015, is being amortised evenly over its estimated useful life of ten years.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life or, if held under a finance lease, over the lease term, whichever is the shorter.

Land and buildings - 10% on cost Plant and machinery etc - 20% on cost

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Hire purchase and leasing commitments

Assets obtained under hire purchase contracts or finance leases are capitalised in the balance sheet. Those held under hire purchase contracts are depreciated over their estimated useful lives. Those held under finance leases are depreciated over their estimated useful lives or the lease term, whichever is the shorter.

The interest element of these obligations is charged to the profit and loss account over the relevant period. The capital element of the future payments is treated as a liability.

Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease.

2. INTANGIBLE FIXED ASSETS

	Total £
COST	~
Additions	150,000
At 30 June 2016	150,000
AMORTISATION	
Amortisation for period	6,288
At 30 June 2016	6,288
NET BOOK VALUE	
At 30 June 2016	143,712

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24/7 Fitness Group Gb Ltd (Registered number: 09713507)

Notes to the Abbreviated Accounts - continued for the Period 3 August 2015 to 30 June 2016

3. TANGIBLE FIXED ASSETS

	Total £
COST	
Additions	69,162
At 30 June 2016	69,162
DEPRECIATION	
At 3 August 2015	271
Charge for period	1,168
At 30 June 2016	1,439
NET BOOK VALUE	
At 30 June 2016	67,723
At 2 August 2015	(271)

CALLED UP SHARE CAPITAL 4.

Allotted, issued and fully paid:

Number: Class: Nominal value:

£ 100 100 Ordinary 1

100 Ordinary shares of 1 each were allotted and fully paid for cash at par during the period.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.