

REPORT OF THE DIRECTOR AND  
UNAUDITED FINANCIAL STATEMENTS FOR THE PERIOD 25TH JUNE 2015 TO 31ST JULY 2016  
FOR  
Elemental Fitness Ltd

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for the Period 25th June 2015 to 31st July 2016

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COMPANY INFORMATION

for the Period 25th June 2015 to 31st July 2016

**DIRECTOR:**

D Kenyon

**REGISTERED OFFICE:**

101 Springbank Close  
Farsley  
Leeds  
LS28 5TP

**REGISTERED NUMBER:**

09656566 (England and Wales)

**ACCOUNTANTS:**

BCT Accountants Ltd  
Beechley  
Minskip Road  
Boroughbridge  
North Yorkshire  
YO51 9HY

REPORT OF THE DIRECTOR  
for the Period 25th June 2015 to 31st July 2016

The director presents his report with the financial statements of the company for the period 25th June 2015 to 31st July 2016.

**INCORPORATION**

The company was incorporated on 25th June 2015 .

**DIRECTOR**

D Kenyon held office during the whole of the period from 25th June 2015 to the date of this report.

This report has been prepared in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

**ON BEHALF OF THE BOARD:**

D Kenyon - Director

13th September 2016

PROFIT AND LOSS ACCOUNT  
for the Period 25th June 2015 to 31st July 2016

	£
<b>TURNOVER</b>	82,625
Cost of raw materials and consumables	(6,966)
Staff costs	(17,936)
Depreciation and other amounts written off assets	(3,490)
Other charges	(24,638)
Taxation	(6,595)
<b>PROFIT</b>	<u>23,000</u>

**BALANCE SHEET**

**31st July 2016**

	£	£
<b>FIXED ASSETS</b>		13,961
<b>CURRENT ASSETS</b>	13,494	
<b>CREDITORS</b>		
Amounts falling due within one year	(15,229)	
<b>NET CURRENT LIABILITIES</b>		(1,735)
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		12,226
<b>CREDITORS</b>		
Amounts falling due after more than one year		(7,500)
<b>PROVISIONS FOR LIABILITIES</b>		(326)
<b>NET ASSETS</b>		<u>4,400</u>
<b>CAPITAL AND RESERVES</b>		<u>4,400</u>

**NOTES TO THE FINANCIAL STATEMENTS**

**1. DIRECTOR'S ADVANCES, CREDITS AND GUARANTEES**

The following advances and credits to a director subsisted during the period ended 31st July 2016:

	£
<b>D Kenyon</b>	
Balance outstanding at start of period	-
Amounts advanced	3,879
Amounts repaid	-
Balance outstanding at end of period	<u>3,879</u>

The loan was cleared by a dividend on 13th September 2016.

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 31st July 2016.

The members have not required the company to obtain an audit of its financial statements for the period ended 31st July 2016 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

Elemental Fitness Ltd (Registered number: 09656566)

BALANCE SHEET - continued

31st July 2016

The financial statements have been prepared in accordance with the micro-entity provisions and with the Financial Reporting Standard for Smaller Entities (effective January 2015).

The financial statements were approved by the director on 13th September 2016 and were signed by:

D Kenyon - Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.