



Companies House

CS01 (ef)

Confirmation Statement

Company Name: **OPTIMA HEALTH GROUP LIMITED**

Company Number: **09621608**



Received for filing in Electronic Format on the: **08/06/2020**

X96QOZIG

Company Name: **OPTIMA HEALTH GROUP LIMITED**

Company Number: **09621608**

Confirmation **03/06/2020**

Statement date:

Full details of Shareholders

The details below relate to individuals/corporate bodies that were shareholders during the review period or that had ceased to be shareholders since the date of the previous confirmation statement.

Shareholder information for a non-traded company as at the confirmation statement date is shown below

Shareholding 1:	160000 ORDINARY-A shares held as at the date of this confirmation statement
Name:	CBPE CAPITAL
Shareholding 2:	98600 transferred on 2019-10-31 0 ORDINARY-B shares held as at the date of this confirmation statement
Name:	LISA JANE ALLAN
Shareholding 3:	1400 transferred on 2019-10-31 0 ORDINARY-C shares held as at the date of this confirmation statement
Name:	LISA JANE ALLAN
Shareholding 4:	41600 ORDINARY-B shares held as at the date of this confirmation statement
Name:	JONATHAN DAVID THOMAS
Shareholding 5:	8400 ORDINARY-C shares held as at the date of this confirmation statement
Name:	JONATHAN DAVID THOMAS
Shareholding 6:	31600 ORDINARY-B shares held as at the date of this confirmation statement
Name:	ANTHONY DAVID STALGIS
Shareholding 7:	8400 ORDINARY-C shares held as at the date of this confirmation statement
Name:	ANTHONY DAVID STALGIS
Shareholding 8:	31600 transferred on 2020-01-08 0 ORDINARY-B shares held as at the date of this confirmation statement
Name:	LUCILLE PATRICIA WRIGHT
Shareholding 9:	8400 transferred on 2020-01-08 0 ORDINARY-C shares held as at the date of this confirmation statement
Name:	LUCILLE PATRICIA WRIGHT
Shareholding 10:	98600 ORDINARY-B shares held as at the date of this confirmation statement
Name:	OH ASSIST EMPLOYEE BENEFIT TRUST

Shareholding 11:	25000 ORDINARY-D shares held as at the date of this confirmation statement
Name:	OH ASSIST EMPLOYEE BENEFIT TRUST
Shareholding 12:	71600 ORDINARY-B shares held as at the date of this confirmation statement
Name:	SIMON ARNOLD
Shareholding 13:	10000 ORDINARY-D shares held as at the date of this confirmation statement
Name:	RIKARD MOEN
Shareholding 14:	20000 ORDINARY-B shares held as at the date of this confirmation statement
Name:	DANIEL LAW
Shareholding 15:	10000 ORDINARY-D shares held as at the date of this confirmation statement
Name:	JOANNE NEWHEY
Shareholding 16:	15000 ORDINARY-D shares held as at the date of this confirmation statement
Name:	LOUISE WHITEHOUSE
Shareholding 17:	15000 ORDINARY-D shares held as at the date of this confirmation statement
Name:	MARTIN PAXTON
Shareholding 18:	20000 ORDINARY-B shares held as at the date of this confirmation statement
Name:	SHARON CORRY
Shareholding 19:	15000 ORDINARY-D shares held as at the date of this confirmation statement
Name:	VICTORIA HARGREAVES
Shareholding 20:	8400 ORDINARY-C shares held as at the date of this confirmation statement
Name:	SIMON ARNOLD
Shareholding 21:	1400 ORDINARY-C shares held as at the date of this confirmation statement
Name:	OH ASSIST EMPLOYEE BENEFIT TRUST

Confirmation Statement

I confirm that all information required to be delivered by the company to the registrar in relation to the confirmation period concerned either has been delivered or is being delivered at the same time as the confirmation statement

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager,
Judicial Factor