



Companies House

CS01_(ef)

Confirmation Statement

Company Name: **RMC HEALTH & FITNESS LTD**

Company Number: **09571646**



Received for filing in Electronic Format on the: **31/05/2018**

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Company Name: **RMC HEALTH & FITNESS LTD**

Company Number: **09571646**

Confirmation **01/05/2018**

Statement date:

Statement of Capital (Share Capital)

Class of Shares:	ORDINARY	Number allotted	100
Currency:	GBP	Aggregate nominal value:	100

Prescribed particulars

**FULL RIGHTS TO RECEIVE NOTICE OF, ATTEND AND VOTE AT GENERAL MEETINGS.
ONE SHARE CARRIES ONE VOTE, AND FULL RIGHTS TO DIVIDENDS AND CAPITAL
DISTRIBUTIONS (INCLUDING UPON WINDING UP).**

Statement of Capital (Totals)

Currency:	GBP	Total number of shares:	100
		Total aggregate nominal value:	100
		Total aggregate amount unpaid:	0

Full details of Shareholders

The details below relate to individuals/corporate bodies that were shareholders during the review period or that had ceased to be shareholders since the date of the previous confirmation statement.

Shareholder information for a non-traded company as at the confirmation statement date is shown below

Shareholding 1: **25 ORDINARY shares held as at the date of this confirmation statement**
Name: **DENNIS ROEBUCK**
ROBERT MCGUIGAN

Shareholding 2: **75 ORDINARY shares held as at the date of this confirmation statement**
Name: **MEDICOLEGAL DIRECT REPORTS LIMITED**

Confirmation Statement

I confirm that all information required to be delivered by the company to the registrar in relation to the confirmation period concerned either has been delivered or is being delivered at the same time as the confirmation statement

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager,
Judicial Factor