

Registered company number: **09561460**

Registered charity number: **1164890**

Foodwise (TLC) Limited

A company limited by guarantee

Trustees' Report and Financial Statements
for the year ended **30 April 2021**



Registered company number: 09561460

Registered charity number: 1164890

Foodwise (TLC) Limited
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
For the Year Ended 30 April 2021

Contents

Trustees' and Directors' Report	2
Independent Examiner's Report	6
Statement of Financial Affairs (including Income and Expenditure Account)	7
Reconciliation of Funds	7
Balance Sheet	8
Notes to the Accounts	9

Foodwise (TLC) Limited TRUSTEES' AND DIRECTORS' REPORT For the Year Ended 30 April 2021

The trustees who are also the directors of the company, are pleased to provide their report for Foodwise (TLC) Limited ("Foodwise") for the year ended 30 April 2021.

Incorporation

The company was incorporated on 26 April 2015 as a company limited by guarantee and commenced trading immediately.

The company obtained charitable status on 15 December 2015 with registered charity number 1164890.

Objectives and Activities

Foodwise's charitable aim is to relieve financial hardship through the provision of food coaching to teach people how to budget, purchase, prepare and cook nutritional food at reasonable cost. In practical terms, Foodwise runs courses where people are coached by a Food Coach to prepare and cook a variety of dishes over a six week period. The course runs for a few hours, one day per week normally for six weeks, usually within a school term. A different meal will be cooked on each day, with the aim of increasing the cooking skills and knowledge of our attendees. The menus are available free of charge on the charity's website www.foodwisetlc.care

The courses are entirely free and the charity provides not only the location, equipment and Food Coach but also sufficient food for the participant to feed their immediate family that evening. The primary aim is to teach life skills, whilst providing much needed food for the family. Where a Food Bank will often only provide sufficient food for three main meals within a three-month period, Foodwise can triple the assistance provided over a six week period. Participants can attend multiple courses, where space on a course is available.

The trustees have had regard to the Charity Commissions guidance on public benefit and consider that Foodwise's activities provide public benefit through providing vulnerable people with the skills to cook healthy food for themselves and their families within a manageable budget.

COVID-19 Phase (Lockdown) 1

From March 2020, which saw the onset of the Covid-19 pandemic in the UK, the transformation of Foodwise continued. Face-to-face courses stopped in March 2020 and through to the end of August 2020 we delivered some 32,000 meals, working closely with Stoke Community Support.

The Food Hygiene Policy (FHP) was expanded in 2020 to allow cold, hot and frozen meals to be supplied by our Kitchens and through our cafes, the latter run by Neat2eat CIC, our social enterprise, not-for-profit community interest company, established on 4th October 2020 and with whom the company has a resource sharing agreement. See www.neat2eat.care.

We have also continued working with Guildford Philanthropy <https://guildfordphilanthropy.org.uk/> throughout, who are especially supportive of Neat2eat CIC.

COVID-19 Phase 2 September to November 2020 - Freezers in Schools

During September to November 2020, freezers were placed into eight locations across Guildford and Woking for the purpose of enabling Foodwise meals to be distributed to various families. Schools selected the families to be supported and meals were distributed, usually on a Friday. The meals would be used to feed the families over the weekend, so the children continued to receive cooked meals and, hopefully, the family would eat together. In Woking, HomeStart provided volunteers to assist the schools to deliver this service. During the period September to December 2020, a total of 4,322 meals were distributed to an average of 32 families per week.

Just before Christmas the Moorcroft kitchen cooked over 600 Christmas meals including desert. Love your Neighbour (Emmaus Church) were given 120 meals to distribute, Guildford Action Group requested 20 and the remainder were distributed via the schools. However, as one of the schools finished earlier, their allocation was delivered in the Woking area by Woking Football Club players who also supplied mince pies and crackers!

COVID-19 Phase 3 January – April 2021

Another lockdown meant that the schools were not able to distribute the Foodwise meals. A smaller version of the Covid Phase 1 arrangement was put into place. Two Distribution Hubs were set up at QEP Baptist Church, Guildford and St Andrew's Church, Woking, staffed by volunteers and overseen by the Foodwise Operations Manager. Over 7,300 meals were delivered to an average of 60 families per week during this period by an amazing team of volunteers and were cooked via the team at the Moorcroft kitchen. Many thanks to both QEP Baptist Church, Guildford and St Andrew's Church, Goldsworth Park, Woking for offering their premises as distribution hubs.

Cooking on a Budget Courses

Food courses have been severely restricted due to COVID-19, but have run at Emmanuel Church, Stoughton for Stoughton Primary School parents (4 participants) and Northmead Primary School parents (4 participants). Kings College has had a Foodwise Coach delivering a course for year 10 students (7 students). Another Food Coach has been delivering via Zoom throughout the Covid-19 situation to Oakleaf clients (mental health charity in Guildford), with an 'in person' course as soon it was feasible at Bramley Village Hall.

Grants were received from Surrey County Council via Woking Borough Council with total receipts of £12,000. This was allocated in various ways in supporting Foodwise to enhance and support our food deliveries and quantities. Half the grant was specifically used by Charlotte Fraser, our food coach, to create 'Recipe Bags' providing recipes and the ingredients required to cook them. Some 260 bags were delivered to families.

Partnerships – good working partnerships have been forged with HomeStart, North Guildford Foodbank, Woking Borough Council, Woking Mind, Woking Foodbank, The Lighthouse, Woking over the past year. The Hive, Park Barn in Guildford has a Foodwise freezer, from which families receive meals during the school holidays. Just before Christmas 2020, Foodwise assisted St Mary's, Byfleet by providing them with recipes to go into hampers, that were delivered to 250 Byfleet residents. Lastly, Food Coaches have been involved with Enactus at the University of Surrey organising cook-along videos and social media campaigns.

Neat2eat CIC

Neat2eat was established on 4th October 2020 as a Community Interest Company and works closely with Foodwise TLC.

Neat2eat's core aim is to employ young adults (18-24 years old) who are not in employment, education or training (NEET) to empower them to learn and develop their skills for future employment. Apprenticeships, along with close personal support is aimed at developing the individuals and changing their lives and prospects through their employment with us. The apprentices work in kitchens and cafes to gain experience four days a week and study on a Monday in a safe, yet formal environment. See www.neat2eat.care for more information.

Costs of the CIC are not subsidised by Foodwise TLC. A Resource Sharing Agreement governs the relationship between the Charity and CIC.

Neat2eat provides Foodwise with essential support, as it cooks the meals Foodwise supplies, free of charge, to families and creates a much more resilient group, to deliver our activities.

Financial Review

As discussed in last year's accounts, Foodwise has seen a significant rise in turnover due to public and charitable donations during the COVID-19 crisis. Foodwise is still supported by one main corporate group, which provides charitable donations to fund the main activities of the charity. This year donations and grants also came from the public, Guildford Philanthropy (through Community Foundation for Surrey / National Emergency Trust), churches (particularly Burpham Church), private charities, resulting in our turnover increasing substantially. This will not continue in the long term, as much of this income is pandemic related.

The primary corporate donator has confirmed its willingness to continue its financial support and restated its long-term support for the charity.

The Charity continues to hold reasonable reserves, to provide a buffer against any downturn in donations to safeguard its staff.

Future Developments

Foodwise is seeking a close working partnership with Fareshare Sussex and Neat2eat to develop a warehouse distribution operation, with Cloud Kitchens on site, to serve the whole of Surrey. For further information please see <http://www.foodwisetlc.care/your-fund-surrey>. If successful, this would lead to Food Coaches being available in areas of need across Surrey, will reduce food waste across the county and provide employment opportunities, whilst providing free meals to numerous families. **PLEASE** use the link and back our cause. ***No child should go hungry in the country and our food courses can teach skills that can change lives.***

Structure, Governance and Management

Foodwise is incorporated as a company limited by guarantee and is governed by its memorandum and articles of association.

Trustees are appointed by a majority vote of the existing board of trustees. The trustees who served throughout the period and up to the date of signing the report and accounts were:

Name	Date of Appointment	Date of resignation
Martin Vodden (Chair)	26 April 2015	
Kay Clapp	26 April 2015	
Michelle Cupples	28 September 2015	

Sharon Vodden acted as Company Secretary throughout the year and continues in the role.

No trustee received any remuneration or expenses from the company during the year for acting as a trustee (2020 - £nil).

The registered address of the company and service address for the charity is:
3 The Grove, Chipperfield Road, Kings Langley, Hertfordshire, WD4 9JF

The trustees would like to thank all those that support and assist the charity in its endeavours, without which it could not provide the help that so many need.

Approved by the Board of Trustees and signed on its behalf on 27 January 2022 by



Martin Vodden
Chair of Trustees

Foodwise (TLC) Limited
INDEPENDENT EXAMINER'S REPORT
For the Year Ended 30 April 2021

Registered company no.: 09561460

Registered charity no.: 1164890

Independent Examiner's Report
to the Trustees of Foodwise (TLC) Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 April 2021.

Responsibilities and Basis of Report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

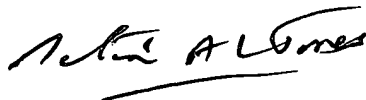
Independent Examiner's Statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed



Martin Jones BSc ACA
9 Jersey Close
Guildford, Surrey, GU4 7FJ

27 January 2022

Foodwise (TLC) Limited
STATEMENT OF FINANCIAL ACTIVITIES
Including Summary Income and Expenditure Account
For the Year Ended 30 April 2021

Registered company number: 09561460

Registered charity number: 1164890

	£	2021 £	2020 £
INCOME			
Donations		146,253	52,362
Gift Aid recoverable		4,886	-
Grants		37,000	-
Total Income		<u>188,139</u>	<u>52,362</u>
EXPENDITURE			
Charitable activities:			
Course delivery costs	118,068		31,211
Support costs	30,581		7,044
Depreciation	9,894		3,052
Total Expenditure		<u>158,543</u>	<u>41,307</u>
NET INCOME FOR THE YEAR		<u><u>29,596</u></u>	<u><u>11,055</u></u>

All the charity's income and expenditure and activities relate to unrestricted funds.

RECONCILIATION OF FUNDS
For the Year Ended 30 April 2021

	2021 Unrestricted Funds £	2020 Unrestricted Funds £
Balances b/f at 1 May	19,665	8,610
Net movement in funds for the year	29,596	11,055
Balances c/f at 30 April	<u><u>49,261</u></u>	<u><u>19,665</u></u>

The notes on page 9 form part of these accounts

Foodwise (TLC) Limited
BALANCE SHEET
As at 30 April 2021

Registered company number: 09561460

Registered charity number: 1164890

	Note	£	2021 £	2020 £
FIXED ASSETS				
Tangible fixed assets	2		17,208	6,104
Total fixed assets			<u>17,208</u>	<u>6,104</u>
CURRENT ASSETS				
Debtors and prepayments		1,073		20,971
Cash at Bank		32,418		59,483
Total current assets		<u>33,491</u>		<u>80,454</u>
CURRENT LIABILITIES				
Creditors (amounts falling due within one year)		1,438		6,072
Deferred income		-		60,821
Total current liabilities		<u>1,438</u>		<u>66,893</u>
NET CURRENT ASSETS			<u>32,053</u>	<u>13,561</u>
TOTAL NET ASSETS			<u><u>49,261</u></u>	<u><u>19,665</u></u>
FUNDS OF THE CHARITY				
Unrestricted Funds			<u>49,261</u>	<u>19,665</u>
			<u><u>49,261</u></u>	<u><u>19,665</u></u>

For the year ending 30 April 2021, the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of the accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime.

The notes on page 9 form part of these accounts.

These financial statements were approved by the Board of Trustees on 27 January 2022 and were signed on behalf of all the trustees by



Martin Vodden
Chair of Trustees

Foodwise (TLC) Limited
BALANCE SHEET
As at 30 April 2021

Registered company number: 09561460

Registered charity number: 1164890

	Note	£	2021 £	2020 £
FIXED ASSETS				
Tangible fixed assets	2		17,208	6,104
Total fixed assets			<u>17,208</u>	<u>6,104</u>
CURRENT ASSETS				
Debtors and prepayments		1,073		20,971
Cash at Bank		32,418		59,483
Total current assets		<u>33,491</u>		<u>80,454</u>
CURRENT LIABILITIES				
Creditors (amounts falling due within one year)		1,438		6,072
Deferred income		-		60,821
Total current liabilities		<u>1,438</u>		<u>66,893</u>
NET CURRENT ASSETS			<u>32,053</u>	<u>13,561</u>
TOTAL NET ASSETS			<u><u>49,261</u></u>	<u><u>19,665</u></u>
FUNDS OF THE CHARITY				
Unrestricted Funds			<u>49,261</u>	<u>19,665</u>
			<u><u>49,261</u></u>	<u><u>19,665</u></u>

For the year ending 30 April 2021, the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of the accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime.

The notes on page 9 form part of these accounts.

These financial statements were approved by the Board of Trustees on 27 January 2022 and were signed on behalf of all the trustees by



Martin Vodden
Chair of Trustees

Foodwise (TLC) Limited
NOTES TO THE ACCOUNTS
For the Year Ended 30 April 2021

Registered company number: 09561460

Registered charity number: 1164890

1 Accounting Policies

Basis of Preparation

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note to these accounts.

The accounts have been prepared in accordance with the Statement of Recommended Practice; Accounting and Reporting by Charities preparing their accounts with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and with Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and with the Charities Act 2011.

Recognition of Income

Income is recognised when the charity has entitlement to the funds.

Depreciation

Items or sets of items with a cost exceeding £500 and an expected useful life exceeding one year are capitalised and depreciated on a straight line basis over their expected useful life which is estimated to be:

Motor vehicles	- 3 years
Freezers	- 3 years
IT equipment	- 4 years
Kitchen utensils	- 3 years

2 Tangible Fixed Assets

	Motor Vehicles £	Freezers £	IT Equipment £	Kitchen Utensils £	Total £
Cost					
At 1 May 2020	-	7,944	1,618	2,695	12,257
Additions	6,000	13,102	1,896	-	20,998
At 30 April 2021	6,000	21,046	3,514	2,695	33,255
Depreciation					
At 1 May 2020	-	2,648	810	2,695	6,153
Charge for the Year	2,000	7,016	878	-	9,894
At 30 April 2021	2,000	9,664	1,688	2,695	16,047
Net Book Value					
At 30 April 2021	4,000	11,382	1,826	-	17,208
At 30 April 2020	-	5,296	808	-	6,104

All tangible fixed assets are unrestricted.