In accordance with In accordance with Rule 18,7 of the Insolvency (England & Wales) Rules 2016 and Sections 92A, 104A and 192 of the Insolvency Act 1986.

LIQ03 Notice of progress report in voluntary winding up



For further information, please refer to our guidance at www.gov.uk/companieshouse

	Company details	
Company number	0 9 5 4 3 6 3 8	→ Filling in this form Please complete in typescript or in
Company name in full	Pamada Ltd T/A Food Plus	hold black capitals.
2	Liquidator's name	
Full forename(s)	John Paul	
Surname	Bell	
3	Liquidator's address	
Building name/number	C/o Clarke Bell Limited	
Street	3rd Floor, The Pinnacle	
Post town	73 King Street	
County/Region	Manchester	
Postcode	M 2 4 N G	
Country		
4	Liquidator's name 0	
Full forename(s)	Toyah Marie	Other liquidator Use this section to tell us about
Surname	Poole	another liquidator.
5	Liquidator's address €	
Building name/number	C/o Clarke Bell Limited	Other liquidator Use this section to tell us about
Street	3rd Floor, The Pinnacle	another liquidator.
Post town	73 King Street	
County/Region	Manchester	
Postcode	M 2 4 N G	
Country		

	LIQ03 Notice of progress report in voluntary winding up
6	Period of progress report
From date	$\begin{bmatrix} d & 0 & 0 & 0 \end{bmatrix}$ $\begin{bmatrix} d & 0 & 0 & 0 \end{bmatrix}$ $\begin{bmatrix} d & 0 & 0 & 0 & 0 \end{bmatrix}$ $\begin{bmatrix} d & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0$
To date	$\begin{bmatrix} d & 0 & d & 6 & & & & & & & & & & & & & & & &$
7	Progress report
	☑ The progress report is attached
8	Sign and date
Liquidator's signature	X John Geel X
Signature date	$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$

LI003

following:

Notice of progress report in voluntary winding up

Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record. Jess Williams Clarke Bell Limited C/o Clarke Bell Limited 3rd Floor, The Pinnacle 73 King Street Manchester G Μ DX Telephone 0161 907 4044 Checklist We may return forms completed incorrectly or with information missing. Please make sure you have remembered the

The company name and number match the information held on the public Register.
 You have attached the required documents.

You have signed the form.

Important information

All information on this form will appear on the public record.

Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the address below:

The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ. DX 33050 Cardiff.

7 Further information

For further information please see the guidance notes on the website at www.gov.uk/companieshouse or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.gov.uk/companieshouse

PAMADA LTD T/A FOOD PLUS ("THE COMPANY") IN LIQUIDATION

JOINT LIQUIDATORS' PROGRESS REPORT FOR THE PERIOD FROM 07 MARCH 2022 TO 06 MARCH 2023

CONTENTS

- 1. Statutory Information
- 2. The Joint Liquidators
- 3. Progress During the Period, Together With Receipts & Payments Made
- 4. Assets Which Remain To Be Realised
- 5. Investigations
- 6. Remuneration and Expenses
- 7. Estimated Outcome for Creditors / Distributions
- 8. Further Information
- 9. Conclusion

APPENDICES

Receipts and Payments Account for the Period from 07 March 2022 to 06 March 2023, together with cumulative total. Appendix A

Appendix C Joint Liquidators' Expenses Policy

Appendix D Joint Liquidators' Activities

1. STATUTORY INFORMATION

Name of Company:

Pamada Ltd - In Liquidation ("the Company")

Trading Name(s):

Food Plus

Date of Incorporation:

15 April 2015

Company Registered Number:

09543638

Company Registered Office:

3rd Floor, The Pinnacle, 73 King Street, Manchester M2 4NG

Company's Director(s):

	Date Appointed	Shares Held	
Director(s)			
Paul Halim	15 April 2015	100	

2. THE JOINT LIQUIDATORS

Names of Joint Liquidators:

John Paul Bell, (8608) and Toyah Marie Poole (9740) Licensed

Insolvency Practitioners of Clarke Bell Limited, 3rd Floor, The

Pinnacle, 73 King Street, Manchester M2 4NG

Date of Appointment:

07 March 2022

Joint Liquidators' Contact Details:

John Paul Bell and Toyah Marie Poole

info@clarkebell.com

Actions of Joint Liquidators;

Any act required or authorised under any enactment to be done by a Liquidator may be done by either or both of the Liquidators

acting jointly or alone.

3. PROGRESS DURING THE PERIOD, TOGETHER WITH RECEIPTS AND PAYMENTS MADE

Attached at Appendix A is a copy of our Receipts and Payments Account for the period under review, from 07 March 2022 to 06 March 2023, together with a cumulative total of the transactions made in this matter. I have reconciled the account against the financial records that I am required to maintain.

All figures detailed in the Receipts and Payments account are shown net of VAT.

The balance of funds are held in an interest bearing estate bank account.

The progress and movement on the Account is explained as follows:

Asset Realisations

(i) Cash at Bank

As at the date of Liquidation, it was understood that the company held no assets. However, during the period under review, communication was received from the company's bankers, which confirmed the company held a credit balance in its bank account, at the date of my appointment.

Efforts to realise the monies held were subsequently made. As detailed in the attached Receipts and Payments Account, the sum of £2,008.72 was realised in this respect. These monies have been received during the period under review.

Costs of Realisations

To date, I have not needed the assistance of any professional agent in order to realise the company's assets, or deal with the company's affairs and/or Liquidator(s) investigations. As such, no costs have been incurred.

4. ASSETS WHICH REMAIN TO BE REALISED

The Receipts and Payments Account at Appendix 1 not only provides the realisations to date but also provides the Statement of Affairs figure as provided by the Company's Director(s). It will be seen from the anticipated assets (shown in the far left-hand column) that all assets have been realised.

5. INVESTIGATIONS

A Liquidator is required to carry out work which complies with the requirements of the Company Directors Disqualification Act 1986. Whilst this work may not necessarily bring about any financial benefit to the creditors (unless potential recoveries are identified) we must carry it out.

In accordance with Statement of Insolvency Practice 2 - Investigations by Officeholders in Administration and Insolvent Liquidations, we have conducted an initial review of the Company's records and completed the online questionnaire regarding the conduct of the director(s) to the Department for Business, Energy and Industrial Strategy (DBEIS), as provided by them. The submission and the outcome thereof is confidential and cannot be disclosed to you in this report.

During the period under review, I completed my statutory investigations into the company's affairs. These investigations revealed matters that required further enquiries. After making such enquiries, I have been able to successfully conclude all but one area of investigation. This ongoing area of investigation relates to transactions identified as being made during the company's final period of trade. I am still making further enquiries in respect of these transactions with the company's director to determine if such transactions were in the ordinary course of trade, or not.

I will provide further information in my next report.

6. REMUNERATION AND EXPENSES

Joint Liquidators' Remuneration and Expenses

Remuneration

To date, no resolution has been passed in respect of our remuneration in this matter.

A request to agree my remuneration basis will be issued shortly.

Guidance for Creditors

Further information about creditors' rights can be obtained by visiting the creditors' information microsite published by the Association of Business Recovery Professionals (R3) at http://www.creditorinsolvencyquide.co.uk/

You may also find it useful to read "A Guide To Liquidators' Fees" which can be downloaded from https://www.r3.org.uk/technical-library/england-wales/technical-guidance/fees Please note that there are different versions of the Guidance Notes, and in this case, you should refer to the April 2021 version.

A hard copy of both documents can be obtained on request from this office.

Joint Liquidators' Expenses

Expenses are any payments from the Estate which are neither an office holder's remuneration nor a distribution to a creditor or a member. Expenses also includes disbursements. Disbursements are payments which are first met by the office holder and then reimbursed to the office holder from the estate. Expenses are split into:

- Category 1 expenses, which are payments to persons providing the service to which the expense relates who are not an associate of the office holder; and
- Category 2 expenses, which are payments to associates or which have an element of shared costs.
 Before being paid category 2 expenses require approval in the same manner as an office holder's remuneration.

A detailed explanation of Category 1 and Category 2 expenses, together with the approved rates for Category 2 expenses, is set out in Appendix B.

Category 1 expenses are those that are directly attributable to a third party invoice.

Category 1 expenses incurred in the period under review, together with those incurred to date, are set out in the table below.

Type Of Expense	Provider	Incurred During The Period Under Review (£)	Paid To Date (£)	Total Amount Outstanding (£)
Statutory Advertising	Courts Advertising	167.80	0.00	167.80
Bordereau	Marsh Limited	30.00	0.00	30.00
Postage	Clarke Bell Limited	4.32	0.00	4.32

To date, Category 1 expenses have not been discharged.

Category 2 expenses are those that are based upon an estimate or an internally set rate.

To date, no approval to enable us to draw Category 2 expenses has been sought.

7. ESTIMATED OUTCOME FOR CREDITORS / DISTRIBUTIONS

I set out specific information for each class of creditor.

Secured Creditor(s)

The company has no Secured creditors.

Preferential Creditors

There are no known preferential claims.

Secondary Preferential Creditors

The Liquidation commenced with secondary preferential creditor claims totalling £9,000.

To date, I have not received a formal claim from the HM Revenue and Customs in this respect.

Prescribed Part for Unsecured Creditors Pursuant to s176A Insolvency Act 1986

Section 176A of the 1986 Insolvency Act provides that where the Company has created a Floating Charge on or after 15 September 2003 the Liquidator must calculate and make a 'Prescribed Part' of the Company's net property available for the unsecured creditors ahead of any distribution to the floating charge holder.

How the Provisions Apply to This Company

There are no floating charges created on or after 15 September 2003. Therefore, the provisions of s176A do not apply.

Unsecured Creditors

The Liquidation commenced with creditor claims totalling £403,269.

At the date of this report, I have received claims totalling £359,145 from 5 of creditors.

I am yet to receive claims of £78,423 from 2 creditors, as per the Director(s) Statement of Affairs.

Dividend Prospects

Based on the information available to me at the date of this report, there are insufficient funds to enable a distribution to the unsecured creditors.

8. FURTHER INFORMATION

An unsecured creditor may, with the permission of the Court, or with the concurrence of 5% in value of the unsecured creditors (including the creditor in question), request further details of the Joint Liquidators' remuneration and expenses within 21 days of their receipt of this report. Any secured creditor may request the same details in the same time limit.

An unsecured creditor may, with the permission of the Court, or with the concurrence of 10% in value of the unsecured creditors (including the creditor in question), apply to Court to challenge the amount of remuneration charged by the Joint Liquidators as being excessive, and/or the basis of the Joint Liquidators' remuneration, and/or the amount of the expenses incurred as being excessive, within 8

weeks of their receipt of this report. Any secured creditor may make a similar application to court within the same time limit.

To comply with the Provision of Services Regulations, some general information above about Clarke Bell Limited that is of relevance to creditors can be found via our website at https://www.clarkebell.com/provision-of-services-regulations/

Clarke Bell Limited uses personal information in order to fulfil the legal obligations of our Insolvency Practitioners under the Insolvency Act and other relevant legislation, and also to fulfil the legitimate interests of keeping creditors and others informed about the insolvency proceedings. You can find more information on how Clarke Bell Limited uses your personal information on our website at https://www.clarkebell.com/privacy-statement/

9. CONCLUSION

I am required to deliver a copy of our progress report within two months after the end of the period covered by the report.

As detailed above, we are still in the process of dealing with our statutory investigation. In addition, I am also still making efforts to formally wind up the company's Pension Scheme. As such the Liquidation will remain open until these matters are formally concluded.

If creditors have any queries regarding the conduct of the Liquidation, or if they want hard copies of any of the documents made available on-line, they should contact Ben Masters on 0161 907 4044, or by email at benmasters@clarkebell.com

Yours faithfully

JOHN PAUL BELL JOINT LIQUIDATOR

DATED: 05 MAY 2023

APPENDIX A RECEIPTS AND PAYMENTS ACCOUNT

Pamada Ltd T/A Food Plus

In Liquidation

Joint Liquidators' Summary of Receipts and Payments (Accruals Basis)

Statement		From 07 March 2022	From 07 March 2022
of Affairs		To 06 December 2022	To 06 December 2022
£		£	£
	ASSET REALISATIONS		
	Cash at Bank	2,008.72	2,008.72
	Bank Interest Gross	0.07	0.07
		2,008.79	2,008.79
	SECONDARY PREFERENTIAL CREDITORS		
(9,000.00)	HM Revenue & Customs	0.00	0.00
		0.00	0.00
	UNSECURED CREDITORS		
(403,268.75)	Trade & Expense Creditors	0.00	0.00
		0.00	0.00
	DISTRIBUTIONS		
(100.00)	Ordinary Shareholders	0.00	0.00
		0.00	0.00
(412,368.75)	-	2,008.79	2,008.79
	=		
	REPRESENTED BY		
	Bank 1 Current		2,008.79
			2,008.79

John Deel

John Paul Bell Joint Liquidator

APPENDIX B

JOINT LIQUIDATORS' EXPENSES POLICY

Category 1 & Category 2 Expenses

Expenses are categorised as either Category 1 or Category 2.

Category 1

Category 1 expenses are clearly identifiable third party costs that are directly attributable to the case. Occasionally these expenses are paid by Clarke Bell Limited and then recharged to the case, usually when there are insufficient funds within the case to pay the expenses at the time it falls due. Specific approval from creditors is not required for Category 1 expenses.

Typical examples of Category 1 expenses are:

- Postage
- Advertising
- Insurance
- Travel costs
- · External room hire

Category 2

Category 2 expenses are estimated or shared costs which may include some internal recharges from Clarke Bell Limited. It is likely that it is not possible, or too costly, to calculate the exact cost and an estimate is therefore used. These expenses can be paid from the case if the basis of the charge has been approved by creditors.

Typical examples of Category 2 expenses are:

- Photocopying
- Mileage
- Storage
- · Agent costs where the Agent is deemed as an associate

The current levels of Category 2 expenses recovered by Clarke Bell Limited are as follows:

Photocopying at £0.15 per copy.

Mileage at £0.45 per mile.

Storage and destruction of records at £17 per box of records, per annum.

APPENDIX C

JOINT LIQUIDATORS' ACTIVITIES

Detailed below is a summary of the activities that have been undertaken in this matter during the period under review.

Staff of different levels will be involved in these activities dependent upon the level of experience required in order to keep costs to an appropriate level.

(a) Administration

This represents the work involved in the routine administrative functions of the case by the office holder and their staff, together with the control and supervision of the work done on the case by the office holder and their managers. It does not give direct financial benefit to the members, but has to be undertaken by the office holder to meet their requirements under the insolvency legislation and the Statements of Insolvency Practice, which set out required practice that office holders must follow.

- Case Planning Reviewing the circumstances of the case to determine the appropriate strategy.
- Preparing and circulating Notice of Appointment to creditors advising of the outcome of the appointment and other formalities, including gazetting the Appointment of Liquidators.
- Setting up electronic case files.
- Setting up the case on the firm's electronic case management system and entering data.
- Obtaining a specific bond, this is insurance required by Statute that ever insolvency office holder has to obtain for the protection of each estate.
- · Reviewing the adequacy of the specific bond on a quarterly basis.
- Dealing with all routine correspondence and emails relating to the case.
- Undertaking periodic file reviews.
- · Maintenance of Liquidator's records.
- · Reviewing the VAT position on a quarterly basis.
- Opening, maintaining and managing the Liquidator's estate bank account.
- Undertaking regular reconciliations of the bank account containing estate funds.
- Dealing with the company's Pension Scheme.
- Overseeing and controlling the work done on the case by case administrators.

(b) Realisation of Assets

The Joint Liquidators have a duty to realise the company's assets for the benefit of the Estate.

- Liaising with the director in order to receive all information / documentation required to assist me in realising the company's assets.
- · Liaising with the bank regarding the closure of the account.

(c) Investigations

The Joint Liquidators have a duty to undertake investigations into the company's affairs, as well as the director's conduct.

- Conducting and initial investigation with a view to identifying potential asset recoveries by seeking and obtaining information from relevant third parties, such as the bank, accountants, solicitors etc.
- Preparing a report or return on the conduct of the directors as required by the Company Directors
 Disqualification Act.

 Undertaking any further investigations required in order take any action necessary as identified in our statutory investigations.

(d) Creditors

Claims of creditors - The Joint Liquidators need to maintain up to date records of the names and addresses of creditors, together with the amounts of their claims as part of the management of the case. The Joint Liquidators also need to deal with correspondence and queries received from creditors regarding their claims and dividend prospects as they are received. The Joint Liquidators are required to undertake this work as part of their statutory functions.

- Preparing and updating a list of creditors.
- Maintaining a list of creditor claims.
- Lodging creditor Proof of Debt Forms.
- · Dealing with creditor enquiries.