

Registered number
09484312

Basic Vitality Limited

Abbreviated Accounts

31 March 2016

Basic Vitality Limited**Registered number:** 09484312**Abbreviated Balance Sheet****as at 31 March 2016**

	Notes	2016
		£
Current assets		
Investments held as current assets	349,146	
Cash at bank and in hand	255,856	
	<hr/>	
	605,002	
Creditors: amounts falling due within one year	(619,220)	
	<hr/>	
Net current liabilities		(14,218)
Net liabilities		<hr/>
		(14,218)
Capital and reserves		
Called up share capital	2	1
Profit and loss account		(14,219)
		<hr/>
Shareholders' funds		(14,218)

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

G. Salvadori

Director

Approved by the board on 28 November 2016

Basic Vitality Limited
Notes to the Abbreviated Accounts
for the period ended 31 March 2016

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Stocks

Stock is valued at the lower of cost and net realisable value.

Foreign currencies

Transactions in foreign currencies are recorded at the rate ruling at the date of the Balance Sheet. Monetary assets and liabilities denominated in foreign currencies are translated at the rate of exchange ruling at the balance sheet date. All differences are taken to the profit and loss account.

2 Share capital	Nominal value	2016 Number	2016 £
Allotted, called up and fully paid:			
Ordinary shares	£1 each	1	<u>1</u>
	Nominal value	Number	Amount £
Shares issued during the period:			
Ordinary shares	£1 each	1	<u>1</u>

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