

Options Healthcare Limited

Annual Report and Unaudited Financial Statements
for the Year Ended 31 March 2022

Options Healthcare Limited

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Options Healthcare Limited

Company Information

Director Ms Tendai Kungwengwe

Company secretary Ms Tendai Kungwengwe

Registered office 22 Quilter Road
Orpington
Kent
BR5 4GA

Accountants K & N Accounting Ltd
60 Windsor Avenue
London
South West London
SW19 2RR

Options Healthcare Limited
(Registration number: 09460688)
Balance Sheet as at 31 March 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	<u>4</u>	-	1,237
Current assets			
Debtors	<u>5</u>	22,173	31,150
Cash at bank and in hand		3,058	2,931
		25,231	34,081
Creditors: Amounts falling due within one year	<u>6</u>	(11,417)	(10,940)
Net current assets		13,814	23,141
Total assets less current liabilities		13,814	24,378
Creditors: Amounts falling due after more than one year	<u>6</u>	-	(18,000)
Net assets		13,814	6,378
Capital and reserves			
Called up share capital	<u>7</u>	1	1
Retained earnings		13,813	6,377
Shareholders' funds		13,814	6,378

For the financial year ending 31 March 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The director acknowledges her responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

These financial statements have been delivered in accordance with the provisions applicable to companies subject to the small companies regime and the option not to file the Profit and Loss Account has been taken.

Approved and authorised by the director on 20 December 2022

Options Healthcare Limited

(Registration number: 09460688)
Balance Sheet as at 31 March 2022

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Ms Tendai Kungwengwe
Company secretary and director

Options Healthcare Limited

Notes to the Unaudited Financial Statements for the Year Ended 31 March 2022

1 General information

The company is a private company limited by share capital, incorporated in England.

The address of its registered office is:

22 Quilter Road
Orpington
Kent
BR5 4GA
United Kingdom

These financial statements were authorised for issue by the director on 20 December 2022.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

These financial statements have been prepared in accordance with Financial Reporting Standard 102 Section 1A smaller entities - 'The Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland' and the Companies Act 2006 (as applicable to companies subject to the small companies' regime).

Basis of preparation

These financial statements have been prepared using the historical cost convention except that as disclosed in the accounting policies certain items are shown at fair value.

Revenue recognition

Turnover comprises the fair value of the consideration received or receivable for the sale of goods and provision of services in the ordinary course of the company's activities. Turnover is shown net of sales/value added tax, returns, rebates and discounts.

The company recognises revenue when:

The amount of revenue can be reliably measured;
it is probable that future economic benefits will flow to the entity;
and specific criteria have been met for each of the company's activities.

Tax

The tax expense for the period comprises current tax. Tax is recognised in profit or loss, except that a change attributable to an item of income or expense recognised as other comprehensive income is also recognised directly in other comprehensive income.

The current income tax charge is calculated on the basis of tax rates and laws that have been enacted or substantively enacted by the reporting date in the countries where the company operates and generates taxable income.

Options Healthcare Limited

Notes to the Unaudited Financial Statements for the Year Ended 31 March 2022

Tangible assets

Tangible assets are stated in the balance sheet at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

The cost of tangible assets includes directly attributable incremental costs incurred in their acquisition and installation.

Depreciation

Depreciation is charged so as to write off the cost of assets, other than land and properties under construction over their estimated useful lives, as follows:

Asset class	Depreciation method and rate
Office Equipment	25% Straightline

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business. Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of the receivables.

Borrowings

Interest-bearing borrowings are initially recorded at fair value, net of transaction costs. Interest-bearing borrowings are subsequently carried at amortised cost, with the difference between the proceeds, net of transaction costs, and the amount due on redemption being recognised as a charge to the profit and loss account over the period of the relevant borrowing.

Interest expense is recognised on the basis of the effective interest method and is included in interest payable and similar charges.

Borrowings are classified as current liabilities unless the company has an unconditional right to defer settlement of the liability for at least twelve months after the reporting date.

Share capital

Ordinary shares are classified as equity. Equity instruments are measured at the fair value of the cash or other resources received or receivable, net of the direct costs of issuing the equity instruments. If payment is deferred and the time value of money is material, the initial measurement is on a present value basis.

Dividends

Dividend distribution to the company's shareholders is recognised as a liability in the financial statements in the reporting period in which the dividends are declared.

Options Healthcare Limited

Notes to the Unaudited Financial Statements for the Year Ended 31 March 2022

3 Staff numbers

The average number of persons employed by the company (including the director) during the year, was 1 (2021 - 1).

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Notes to the Unaudited Financial Statements for the Year Ended 31 March 2022

4 Tangible assets

	Furniture, fittings and equipment £	Total £
Cost or valuation		
At 1 April 2021	2,200	2,200
Disposals	(2,200)	(2,200)
At 31 March 2022	-	-
Depreciation		
At 1 April 2021	963	963
Charge for the year	1,237	1,237
Eliminated on disposal	(2,200)	(2,200)
At 31 March 2022	-	-
Carrying amount		
At 31 March 2022	-	-
At 31 March 2021	1,237	1,237

5 Debtors

	2022 £	2021 £
Current		
Other debtors	22,173	31,150

6 Creditors

Creditors: amounts falling due within one year

	2022 £	2021 £
Due within one year		
Taxation and social security	11,417	10,940

Creditors: amounts falling due after more than one year

Options Healthcare Limited

Notes to the Unaudited Financial Statements for the Year Ended 31 March 2022

	Note	2022 £	2021 £
Due after one year			
Loans and borrowings	8	-	18,000

7 Share capital

Allotted, called up and fully paid shares

	2022 No.	£	2021 No.	£
Ordinary of £1 each	1	1	1	1

8 Loans and borrowings

	2022 £	2021 £
Non-current loans and borrowings		
Bank borrowings	-	18,000

9 Dividends

	2022 £	2021 £
Final dividend of £40,000.00 (2021 - £40,000.00) per ordinary share	40,000	40,000

10 Related party transactions

Options Healthcare Limited

Notes to the Unaudited Financial Statements for the Year Ended 31 March 2022

Transactions with the director

	At 1 April 2021 £	Advances to director £	At 31 March 2022 £
2022			
Ms Tendai Kungwengwe			
Advance	-	22,173	22,173

	At 1 April 2020 £	Advances to director £	At 31 March 2021 £
2021			
Ms Tendai Kungwengwe			
Advance	-	31,150	31,150

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Notes to the Unaudited Financial Statements for the Year Ended 31 March 2022

Director's remuneration

The director's remuneration for the year was as follows:

	2022	2021
	£	£
Remuneration	<u>8,836</u>	<u>8,600</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.