

**JD FITNESS LIMITED
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JANUARY 2018**

Stray Business Services Limited

Chartered Accountants

16 Bachelor Drive
Harrogate
North Yorkshire
HG1 3EH

JD Fitness Limited
Unaudited Financial Statements
For The Year Ended 31 January 2018

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JD Fitness Limited
Balance Sheet
As at 31 January 2018

Registered number: 09386463

	Notes	2018		2017	
		£	£	£	£
FIXED ASSETS					
Tangible Assets	3		2,096		3,145
			2,096		3,145
CURRENT ASSETS					
Debtors	4	14,473		-	
Cash at bank and in hand		991		200	
		15,464		200	
Creditors: Amounts Falling Due Within One Year	5		(5,469)	10,175	
			9,995		10,375
NET CURRENT ASSETS (LIABILITIES)			9,995		10,375
TOTAL ASSETS LESS CURRENT LIABILITIES			12,091		13,520
NET ASSETS			12,091		13,520
CAPITAL AND RESERVES					
Called up share capital	6		100		100
Profit and Loss Account			11,991		13,420
SHAREHOLDERS' FUNDS			12,091		13,520

JD Fitness Limited
Balance Sheet (continued)
As at 31 January 2018

For the year ending 31 January 2018 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime.
- The company has taken advantage of section 444(1) of the Companies Act 2006 and opted not to deliver to the registrar a copy of the company's Profit and Loss Account.

On behalf of the board

Mr S Scanlon

19/11/2018

The notes on pages 3 to 4 form part of these financial statements.

JD Fitness Limited
Notes to the Financial Statements
For The Year Ended 31 January 2018

1. Accounting Policies

1.1. Basis of Preparation of Financial Statements

The financial statements are prepared under the historical cost convention and in accordance with the FRS 102 Section 1A Small Entities - The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006.

1.2. Tangible Fixed Assets and Depreciation

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Fixtures & Fittings	20% straight line
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2. Average Number of Employees

Average number of employees, including directors, during the year was as follows:

3. Tangible Assets

	Fixtures & Fittings
	£
Cost	
As at 1 February 2017	5,243
As at 31 January 2018	5,243
Depreciation	
As at 1 February 2017	2,098
Provided during the period	1,049
As at 31 January 2018	3,147
Net Book Value	
As at 31 January 2018	2,096
As at 1 February 2017	3,145

4. Debtors

	2018	2017
	£	£
Due within one year		
Other debtors	6,368	-
Other debtors (1)	8,105	-
	14,473	-

JD Fitness Limited
Notes to the Financial Statements (continued)
For The Year Ended 31 January 2018

5. Creditors: Amounts Falling Due Within One Year

	2018	2017
	£	£
Corporation tax	-	2,644
Other creditors	-	(15,344)
Accruals and deferred income	300	300
Directors' loan accounts	5,169	2,225
	<u>5,469</u>	<u>(10,175)</u>

6. Share Capital

	2018	2017
Allotted, Called up and fully paid	<u>100</u>	<u>100</u>

7. General Information

JD Fitness Limited is a private company, limited by shares, incorporated in England & Wales, registered number 09386463. The registered office is 31-33 Market Place, Knaresborough, North Yorkshire, HG5 8AL.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.