

**Registered Number 09327566**

**SHINTO - WELLNESS LIMITED**

**Abbreviated Accounts**

**30 November 2015**

## Abbreviated Balance Sheet as at 30 November 2015

|   | <i>Notes</i> | <i>2015</i>    |
|---|--------------|----------------|
|   |              | £              |
| <b>Fixed assets</b>                                   |              |                |
| Tangible assets                                       | 2            | 1,224          |
|   |              | <u>1,224</u>   |
| <b>Current assets</b>                                 |              |                |
| Cash at bank and in hand                              |              | 562            |
|   |              | <u>562</u>     |
| <b>Creditors: amounts falling due within one year</b> |              | (8,010)        |
| <b>Net current assets (liabilities)</b>               |              | <u>(7,448)</u> |
| <b>Total assets less current liabilities</b>          |              | <u>(6,224)</u> |
| <b>Total net assets (liabilities)</b>                 |              | <u>(6,224)</u> |
| <b>Capital and reserves</b>                           |              |                |
| Called up share capital                               |              | 100            |
| Profit and loss account                               |              | (6,324)        |
| <b>Shareholders' funds</b>                            |              | <u>(6,224)</u> |

- For the year ending 30 November 2015 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 8 February 2016

And signed on their behalf by:

**ROBERT M PAULUS, Director**

## Notes to the Abbreviated Accounts for the period ended 30 November 2015

## 1 Accounting Policies

**Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

## 2 Tangible fixed assets

|                        |                     |
|------------------------|---------------------|
|                        | £                   |
| <b>Cost</b>            |                     |
| Additions              | 1,529               |
| Disposals              | -                   |
| Revaluations           | -                   |
| Transfers              | -                   |
| At 30 November 2015    | <u>1,529</u>        |
| <b>Depreciation</b>    |                     |
| Charge for the year    | 305                 |
| On disposals           | -                   |
| At 30 November 2015    | <u>305</u>          |
| <b>Net book values</b> |                     |
| At 30 November 2015    | <u><u>1,224</u></u> |

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