

Abbreviated Unaudited Accounts

for the Period 1 November 2015 to 30 June 2016

for

24/7 Fitness York Limited

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for the Period 1 November 2015 to 30 June 2016

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DIRECTORS:

Ms S J Chivers
G K Lockwood

SECRETARY:

Ms S J Chivers

REGISTERED OFFICE:

R5b South Promenade Building
Gunwharf Quays
Portsmouth
Hampshire
PO1 3TP

REGISTERED NUMBER:

09266385 (England and Wales)

ACCOUNTANTS:

JARACS Limited
24 Suffolk Road
Lowestoft
Suffolk
NR32 1DZ

Abbreviated Balance Sheet
30 June 2016

	Notes	30.6.16 £	31.10.15 £
CURRENT ASSETS			
Cash in hand		<u>100</u>	<u>100</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>100</u>	<u>100</u>
CAPITAL AND RESERVES			
Called up share capital	2	<u>100</u>	<u>100</u>
SHAREHOLDERS' FUNDS		<u>100</u>	<u>100</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 30 June 2016.

The members have not required the company to obtain an audit of its financial statements for the period ended 30 June 2016 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors on 21 March 2017 and were signed on its behalf by:

Ms S J Chivers - Director

Notes to the Abbreviated Accounts
for the Period 1 November 2015 to 30 June 2016

1. **ACCOUNTING POLICIES**

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

The company was dormant throughout the current period and previous period.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2. **CALLED UP SHARE CAPITAL**

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	30.6.16 £	31.10.15 £
100	Ordinary	1	<u>100</u>	<u>100</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.