

**Body Shape Pilates Ltd Filleted
Accounts Cover**

Body Shape Pilates Ltd

Company No. 09207325

Unaudited Accounts

30 September 2023

**Body Shape Pilates Ltd Balance
Sheet Registrar
at 30 September 2023
Company No. 09207325**

	2023	2022
	£	£
Fixed assets	13,197	7,883
Current assets	11,452	16,459
Creditors: Amounts falling due within one year	(13,967)	(10,856)
Net current assets	(2,515)	5,603
Total assets less current liabilities	10,682	13,486
Creditors: Amounts falling due after more than one year	(6,030)	(8,953)
Accruals and deferred income	(4,162)	(4,162)
	490	371
Capital and reserves	490	371

NOTES TO THE ACCOUNTS

1 Basis of preparation

These accounts have been prepared in accordance with the micro-entity provisions of the small companies regime.

2 Employees

	2023	2022
	Number	Number
The average monthly number of employees (including directors) during the year was:	1	1

3 General information

Body Shape Pilates Ltd is a private company limited by shares and incorporated in England and Wales.

Its registered number is: 09207325

Its registered office is:

Unit 1

14 St. Clements Road

Poole

Dorset

BH15 3PD

For the year ended 30 September 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

As permitted by section 444 (5A) of the Companies Act 2006 the directors have not delivered to the Registrar a copy of the company's profit and loss account.

The accounts were approved by the board of directors on 25 March 2024 and signed on its behalf by:

N. Ingham - Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.