

**Body Shape Pilates Ltd Filleted
Accounts Cover**

Body Shape Pilates Ltd

Company No. 09207325

Unaudited Accounts

30 September 2020

**Body Shape Pilates Ltd Balance
Sheet Registrar
at 30 September 2020
Company No. 09207325**

	2020	2019
	£	£
Fixed assets	2,491	484
Current assets	48,637	20,425
Creditors: Amounts falling due within one year	(27,939)	(13,564)
Net current assets	<u>20,698</u>	<u>6,861</u>
Total assets less current liabilities	23,189	7,345
Creditors: Amounts falling due after more than one year	(15,089)	(1,901)
Accruals and deferred income	<u>(4,162)</u>	<u>(5,402)</u>
	<u>3,938</u>	<u>42</u>
Capital and reserves	<u>3,938</u>	<u>42</u>

NOTES TO THE ACCOUNTS

1 Basis of preparation

These accounts have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and FRS 105 - The Financial Reporting Standard applicable to the Micro-entities Regime (March 2018).

2 Employees

	2020	2019
	Number	Number
The average monthly number of employees (including directors) during the year was:	1	1

3 General information

Its registered number is: 09207325
 Its registered office is:
 Unit 1
 14 St. Clements Road
 Poole
 Dorset
 BH15 3PD

For the year ended 30 September 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The functional and presentational currency of the company is Sterling. The accounts are rounded to the nearest pound.

As permitted by section 444 (5A) of the Companies Act 2006 the directors have not delivered to the Registrar a copy of the company's profit and loss account.

The accounts were approved by the board of directors on 30 September 2020 and signed on its behalf by:

N. Ingham - Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.