

**BE HEALTHY & BE HAPPY LTD  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 JULY 2017**

Teale & Co

1 Industrial Street  
Bingley  
West Yorkshire  
BD16 4JG

**Be Healthy & Be Happy Ltd**  
**Unaudited Financial Statements**  
**For The Year Ended 31 July 2017**

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**Be Healthy & Be Happy Ltd**  
**Balance Sheet**  
**As at 31 July 2017**

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**Registered number:** 09148184

		<b>2017</b>		<b>2016</b>	
	<b>Notes</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>CURRENT ASSETS</b>					
Cash at bank and in hand		11,021		9,792	
		11,021		9,792	
<b>Creditors: Amounts Falling Due Within One Year</b>	<b>2</b>	(10,317 )		(7,396 )	
<b>NET CURRENT ASSETS (LIABILITIES)</b>			704		2,396
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			704		2,396
<b>NET ASSETS</b>			704		2,396
<b>CAPITAL AND RESERVES</b>					
Called up share capital	<b>3</b>		1		1
Profit and Loss Account			703		2,395
<b>SHAREHOLDERS' FUNDS</b>			704		2,396

**Be Healthy & Be Happy Ltd**  
**Balance Sheet (continued)**  
**As at 31 July 2017**

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For the year ending 31 July 2017 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

**Director's responsibilities**

- The member has not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The director acknowledges her responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime.
- The company has taken advantage of section 444(1) of the Companies Act 2006 and opted not to deliver to the registrar a copy of the company's Profit and Loss Account.

On behalf of the board

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**Miss Lauren Hodgson**

**24/04/2018**

The notes on page 3 form part of these financial statements.



**Be Healthy & Be Happy Ltd**  
**Notes to the Unaudited Accounts**  
**For The Year Ended 31 July 2017**

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**1. Accounting Policies**

**1.1. Basis of Preparation of Financial Statements**

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

**1.2. Turnover**

Turnover comprises the invoiced value of goods and services supplied by the company, net of Value Added Tax and trade discounts.

**2. Creditors: Amounts Falling Due Within One Year**

	<b>2017</b>	<b>2016</b>
	<b>£</b>	<b>£</b>
Corporation tax	2,646	3,723
Accruals and deferred income	500	500
Director's loan account	7,171	3,173
	<u>10,317</u>	<u>7,396</u>

**3. Share Capital**

	<b>Value</b>	<b>Number</b>	<b>2017</b>	<b>2016</b>
	<b>£</b>		<b>£</b>	<b>£</b>
<b>Allotted, called up and fully paid</b>				
Ordinary shares	1	1	1	1

**4. General Information**

Be Healthy & Be Happy Ltd is a private company, limited by shares, incorporated in England & Wales, registered number 09148184. The registered office is 7 Wilfred Street, Clayton, Bradford, West Yorkshire, BD14 6LF.



This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.