

Registered number  
09142170

1 Life U K Ltd

Abbreviated Accounts

31 December 2015

**1 Life U K Ltd****Registered number:** 09142170**Abbreviated Balance Sheet  
as at 31 December 2015**

	<b>Notes</b>	<b>2015 £</b>
<b>Fixed assets</b>		
Tangible assets	2	768
<b>Current assets</b>		
Stocks	15,000	
Debtors	(12,549)	
Cash at bank and in hand	20,851	
	<hr/>	<hr/>
	23,302	
<b>Creditors: amounts falling due within one year</b>	(25,129)	
<b>Net current liabilities</b>	<hr/>	(1,827)
<b>Net liabilities</b>		<hr/>
		(1,059)
<b>Capital and reserves</b>		
Called up share capital	3	100
Profit and loss account		(1,159)
<b>Shareholder's funds</b>		<hr/>
		(1,059)

The director is satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The member has not required the company to obtain an audit in accordance with section 476 of the Act.

The director acknowledges his responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Mr G Burns

Director

Approved by the board on 15 August 2016

**Notes to the Abbreviated Accounts**  
**for the period ended 31 December 2015**

### **Basis of preparation**

### Turnover

### Depreciation

Equipment, fixtures & fittings	15% straight line
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## Stocks

**2 Tangible fixed assets** £

Additions	903
At 31 December 2015	<u>903</u>

Charge for the period	135
At 31 December 2015	<u>135</u>

## At 31 December 2015 768

Allotted, called up and fully paid:

Shares issued during the period:

Ordinary shares	£1 each	100	100
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