1 Life U K Ltd

Abbreviated Accounts

31 December 2015

1 Life U K Ltd

Registered number: 09142170

Abbreviated Balance Sheet as at 31 December 2015

N	Notes		
			£
Fixed assets			
Tangible assets	2		768
Comment and the			
Current assets			
Stocks		15,000	
Debtors		(12,549)	
Cash at bank and in hand		20,851	
		23,302	
Creditors: amounts falling due			
within one year		(25,129)	
Net current liabilities			(1,827)
Net liabilities			(1,059)
Capital and reserves			
Called up share capital	3		100
Profit and loss account			(1,159)
Shareholder's funds			(1,059)

The director is satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The member has not required the company to obtain an audit in accordance with section 476 of the Act.

The director acknowledges his responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Mr G Burns

Director

Approved by the board on 15 August 2016

1 Life U K Ltd

Notes to the Abbreviated Accounts for the period ended 31 December 2015

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Equipment, fixtures & fittings

Tangible fixed assets

15% straight line

£

Stocks

Stock is valued at the lower of cost and net realisable value.

2	rangible fixed assets			£
	Cost			
	Additions			903
	At 31 December 2015			903
	Depreciation			
	Charge for the period			135
	At 31 December 2015			135
	Net book value			
	At 31 December 2015			768
3	Share capital	Nominal	2015	2015
		value	Number	£
	Allotted, called up and fully paid:			
	Ordinary shares	£1 each	-	100
		Nominal	Number	Amount
		value		£
	Shares issued during the period:			
	Ordinary shares	£1 each	100	100

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