Registration number: 09045347

Sleeping Disorders Centre London Ltd

Unaudited Abbreviated Accounts

for the Year Ended 31 March 2016

Bulley Davey Limited Chartered Certified Accountants 1 - 4 London Road Spalding Lincolnshire PE11 2TA

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Sleeping Disorders Centre London Ltd (Registration number: 09045347) Abbreviated Balance Sheet at 31 March 2016

	Note	2016 £	2015 £
Fixed assets			
Tangible fixed assets	<u>2</u>	13,623	
Current assets			
Stocks		3,593	-
Debtors		7,392	100
Cash at bank and in hand		41,803	
		52,788	100
Creditors: Amounts falling due within one year		(32,858)	
Net current assets		19,930	100
Total assets less current liabilities		33,553	100
Provisions for liabilities		(2,725)	<u>-</u>
Net assets		30,828	100
Capital and reserves			
Called up share capital	<u>3</u>	100	100
Profit and loss account		30,728	<u>-</u>
Shareholders' funds		30,828	100

For the year ending 31 March 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 25 November 2016 and signed on its behalf by:

Ramindar Singh Dhillon Director

Michael Onya Oko Director

Sleeping Disorders Centre London Ltd Notes to the Abbreviated Accounts for the Year Ended 31 March 2016

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1 Accounting policies

Basis of preparation

The full financial statements, from which these abbreviated accounts have been extracted, have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (Effective January 2015).

Going concern

The financial statements have been prepared on a going concern basis.

Turnover

Turnover represents amounts chargeable in respect of the sale of goods and services to customers.

Depreciation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class Depreciation method and rate

Plant and machinery 20% Straight line

Work in progress

Work in progress is valued at the lower of cost and net realisable value, after due regard for obsolete and slow moving stocks. Net realisable value is based on selling price less anticipated costs to completion and selling costs. Cost includes all direct costs and an appropriate proportion of fixed and variable overheads.

Deferred tax

Deferred tax is recognised, without discounting, in respect of all timing differences between the treatment of certain items for taxation and accounting purposes, which have arisen but not reversed by the balance sheet date, except as required by the FRSSE. Deferred tax is measured at the rates that are expected to apply in the periods when the timing differences are expected to reverse, based on the tax rates and law enacted at the balance sheet date.

2 Fixed assets

	Tangible assets £	Total £
Cost		
Additions	17,029	17,029
At 31 March 2016	17,029	17,029
Depreciation		
Charge for the year	3,406	3,406
At 31 March 2016	3,406	3,406
Net book value		
At 31 March 2016	13,623	13,623

Sleeping Disorders Centre London Ltd Notes to the Abbreviated Accounts for the Year Ended 31 March 2016

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3	Share capital			
Allotted.	called up and fully paid shares			

, and ap and any part and a	2016	20	15	
	No.	£	No.	£
Ordinary of £1 each	100	100	100	100
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