



Companies House

AR01 (ef)

Annual Return



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X543CINU

Company Name: **A FITNESS LIMITED**

Company Number: **08926695**

Date of this return: **06/03/2016**

SIC codes: **93199**

Company Type: **Private company limited by shares**

Situation of Registered Office: **52A AVONDALE ROAD
LONDON
N13 4DU**

Officers of the company

Company Director **1**

Type: **Person**

Full forename(s): **MR JOHN**

Surname: **MAITLAND**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: ****/10/1988**

Nationality: **BRITISH**

Occupation: **HEALTH AND FITNESS**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	9
		<i>Aggregate nominal value</i>	9
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

EACH SHARE HAS FULL RIGHTS IN THE COMPANY WITH RESPECT TO VOTING, DIVIDENDS AND DISTRIBUTIONS.

Class of shares	B ORDINARY	<i>Number allotted</i>	1
		<i>Aggregate nominal value</i>	1
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

PARTICIPATE IN DISTRIBUTIONS BUT NON VOTING B SHARES

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	10
		<i>Total aggregate nominal value</i>	10

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 06/03/2016 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : 9 ORDINARY shares held as at the date of this return
Name: JOHN MAITLAND

Shareholding 2 : 1 B ORDINARY shares held as at the date of this return
Name: MICHAEL HEANUE

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.