In accordance with Section 167 of the Companies Act 2006

AP01

Appointment of director



You can use the WebFiling service to file this form online. Please go to www.companieshouse.gov.uk

What this form is for

You may use this form to appoint an individual as a director

X What this form is NOT for

You cannot use the form to appoint a corporate director To do this, please use form APO2 'Appointment of corporate director'



A23 05/02/2014 COMPANIES HOUSE

refer to our guidance at www.companieshouse.gov.uk

1	Company details		
Company number	0 8 8 5 3 9 7 5	→ Filling in this form Please complete in typescript or in	
Company name in full	EXCEL FITNESS CENTRE LIMITED	bold black capitals	
		All fields are mandatory unless specified or indicated by *	
2	Date of director's appointment		
Date of appointment	d 2 d 1		
3	New director's details	• Former name(s)	
Title*	MRS	Please provide any previous names which have been used for business	
Full forename(s)	JUNE	purposes in the past 20 years Married women do not need to give	
Surname	HINCHCLIFFE	former names unless previously used	
Former name(s) •		for business purposes Continue in section 6 if required Country/State of residence This is in respect of your usual residential address as stated in Section 4a Business occupation If you have a business occupation, please enter here If you do not, please leave blank	
Country/State of residence •	ENGLAND		
Nationality	BRITISH		
Date of birth	0 0 5 m0 m6 y1 y9 y5 y4		
Business occupation (if any) (if any)			
4.	New director's service address O		
	Please complete your service address below You must also complete your usual residential address in Section 4a	© Service address This is the address that will appear	
Building name/number	THE COMPANY'S REGISTERED OFFICE	on the public record This does not have to be your usual residential	
Street		address Please state 'The Company's	
		Registered Office' if your service address is recorded in the company's	
Post town		register of directors as the company's registered office	
County/Region		If you provide your residential	
Postcode		address here it will appear on the public record	
Country			

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5	Signatures	
	I consent to act as director of the above named company	O Societas Europaea
New director's signature	X / Striff	If the form is being filed on behalf of a Societas Europaea (SE) please delete 'director' and insert details of which organ of the SE the person signing has membership
Authorising signature	Signature X X	O Person authorised Under either section 270 or 274 of the Companies Act 2006
	This form may be signed and authorised by Director •, Secretary, Person authorised •, Administrator, Administrative Receiver, Receiver manager, Charity commission receiver and manager, CIC manager, Judicial factor	
6	Additional former names (continued from Section 3)	
Former names •		Additional former names Use this space to enter any additional names

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Presenter information

You do not have to give any contact information, but if

	you do it will help Companies House if there is a query on the form. The contact information you give will be
	visible to searchers of the public record
ĺ	Contact name
ĺ	Company name
1	Address
1	
	,
	Post town
	County/Region
ĺ	Postcode
Ì	Country
	Dx .
ļ	Telephone
	✓ Checklist
	We may return forms completed incorrectly or
	with information missing
	Please make sure you have remembered the
	following
	☐ The company name and number match the
	information held on the public Register ☐ You have provided a business occupation if you
	have one
	☐ You have provided a correct date of birth
	☐ You have completed the date of appointment☐ You have completed the nationality box in
	Section 3
	You have provided both the service address and the
	usual residential address
	☐ Addresses must be a physical location. They cannot be a PO Box number (unless part of a full service
	address), DX or LP (Legal Post in Scotland) number
	☐ You have included all former names used for
	business purposes over the last 20 years
	☐ You have enclosed a relevant section 243 application if applying for this at the same time as
	completing this form

Important information

Please note that all information on this form will appear on the public record, apart from information relating to usual residential addresses

☑ Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below

For companies registered in England and Wales The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ DX 33050 Cardiff

For companies registered in Scotland
The Registrar of Companies, Companies House,
Fourth floor, Edinburgh Quay 2,
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF
DX ED235 Edinburgh 1
or LP - 4 Edinburgh 2 (Legal Post)

For companies registered in Northern Ireland The Registrar of Companies, Companies House, Second Floor The Linenhall, 32-38 Linenhall Street, = . Belfast, Northern Ireland, BT2 8BG DX 481 N R Belfast 1

Section 243 exemption

If you are applying for, or have been granted a section 243 exemption, please post this whole form to the different postal address below
The Registrar of Companies, PO Box 4082, Cardiff, CF14 3WE

Further information

For further information please see the guidance notes on the website at www companieshouse gov uk or email enquiries@companieshouse gov uk

This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk

The new director has signed the formYou have provided an authorising signature