

Registered Number 08837160

EXECUTIVE COACH & MENTOR LTD

Abbreviated Accounts

31 January 2015

Abbreviated Balance Sheet as at 31 January 2015

	<i>Notes</i>	<i>2015</i>
		£
Fixed assets		
Tangible assets	2	3,779
		<u>3,779</u>
Current assets		
Debtors		21,814
Cash at bank and in hand		137,964
		<u>159,778</u>
Creditors: amounts falling due within one year		<u>(80,605)</u>
Net current assets (liabilities)		<u>79,173</u>
Total assets less current liabilities		<u>82,952</u>
Provisions for liabilities		<u>(756)</u>
Total net assets (liabilities)		<u>82,196</u>
Capital and reserves		
Called up share capital	3	100
Profit and loss account		82,096
Shareholders' funds		<u>82,196</u>

- For the year ending 31 January 2015 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 6 October 2015

And signed on their behalf by:
Stephen Alan Jolly, Director

Notes to the Abbreviated Accounts for the period ended 31 January 2015**1 Accounting Policies****Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy

Turnover represents net invoiced sales of goods and services, excluding value added tax.

Tangible assets depreciation policy

Depreciation is provided on all tangible fixed assets at rates calculated to write off the full cost or valuation less estimated residual value of each asset over its estimated useful life. The principal rates in use are:

Equipment, fixtures and fittings - 25% reducing balance

Computer equipment - 33% straight line

Other accounting policies

Deferred taxation

Deferred tax is provided in respect of the tax effect of all timing differences that have originated but not reversed at the balance sheet date.

A deferred tax asset is regarded as recoverable and therefore recognised only when, on the basis of all available evidence, it can be regarded as more likely than not that there will be suitable taxable profits from which the future reversal of the underlying timing differences can be deducted.

Deferred tax is measured on a non-discounted basis, at the average tax rates that are expected to apply in the periods in which the timing differences are expected to reverse, based on tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

2 Tangible fixed assets

	£
Cost	
Additions	5,536
Disposals	-
Revaluations	-
Transfers	-
At 31 January 2015	<u>5,536</u>
Depreciation	
Charge for the year	1,757
On disposals	-
At 31 January 2015	<u>1,757</u>
Net book values	

At 31 January 2015

3,779

3 **Called Up Share Capital**

Allotted, called up and fully paid:

2015

£

100 Ordinary shares of £1 each

100

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