COMPANY REGISTRATION NUMBER: 08821833

Moving Without Shaking Ltd

Filleted Unaudited Financial Statements
31 December 2022

Financial Statements

Year ended 31 December 2022

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Officers and Professional Advisers

Director Y Mackay

Registered office 727-729 High Road

London N12 0BP

Accountants Complete Accounting Solutions

Chartered Certified Accountants

727-729 High Road

London N12 0BP

Chartered Certified Accountants Report to the Director on the Preparation of the Unaudited Statutory Financial Statements of Moving Without Shaking Ltd

Year ended 31 December 2022

As described on the statement of financial position, the director of the company is responsible for the preparation of the financial statements for the year ended 31 December 2022, which comprise the statement of financial position and the related notes. You consider that the company is exempt from an audit under the Companies Act 2006. In accordance with your instructions we have compiled these financial statements in order to assist you to fulfil your statutory responsibilities, from the accounting records and from information and explanations supplied to us. Complete Accounting Solutions Chartered Certified Accountants

727-729 High Road London N12 0BP

Statement of Financial Position

31 December 2022

		2022	2021
	Note	£	£
Creditors: amounts falling due within one year	4	22,658	20,660
Net current liabilities		22,658	20,660
Total assets less current liabilities		(22,658)	(20,660)
Net liabilities		(22,658)	(20,660)
Capital and reserves			
Called up share capital		100	100
Profit and loss account		(22,758)	(20,760)
Shareholders funds		(22,658)	(20,660)

These financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with Section 1A of FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In accordance with section 444 of the Companies Act 2006, the statement of comprehensive income has not been delivered.

For the year ending 31 December 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The director acknowledges her responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements .

These financial statements were approved by the board of directors and authorised for issue on 2 June 2023, and are signed on behalf of the board by:

Y Mackay

Director

Company registration number: 08821833

Notes to the Financial Statements

Year ended 31 December 2022

1. General information

The company is a private company limited by shares, registered in England and Wales. The address of the registered office is 727-729 High Road, London, N12 0BP.

2. Statement of compliance

These financial statements have been prepared in compliance with Section 1A of FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland'.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis. The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

In our opinion, on the basis of information and enquiries that are pertinent to the company's circumstances and which we believe to be adequate, it is appropriate to continue to treat the company as a going concern. In particular we believe that adequate cash resources will be available to cover the company's requirements for working capital for at least twelve months from the date of signing the financial statements.

Judgements and key sources of estimation uncertainty

No significant judgements have had to be made by the directors in preparing these financial statements .

Revenue recognition

Turnover is measured at the fair value of the consideration received or receivable and represents amounts receivable for services rendered, stated net of discounts.

4. Creditors: amounts falling due within one year

	2022	2021
	£	£
Bank loans and overdrafts	9	9
Other creditors	22,649	20,651
	22,658	20,660

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.