

360  
Health &  
Fitness  
Therapy  
Limited

Report  
and  
Accounts

For the  
Period  
Ended

31  
December  
2022

Company  
Number  
8816946

360  
Health &  
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Report  
and  
Accounts

Year  
Ending 31  
December  
2022

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**Fitness**  
**Therapy**  
**Limited**  
**Balance**  
**Sheet As**  
**At**  
**31**  
**December**  
**2022**

	<u>No.</u>	<u>£</u>	<u>£</u>
<u>Fixed Assets</u>			0
<u>Current Assets:</u>		0	
<u>Creditors:</u>			
Amounts Falling due Within One Year		5490	
		-----	
<u>Net Current Assets</u>			-5490
			-----
<u>Total Assets Less Current Liabilities</u>			-5490
			=====
<u>Capital and Reserves</u>			-5490
			=====

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

Members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Mr. Iain Pritchard  
\_\_\_\_\_(director)

26 September 2023  
\_\_\_\_\_  
Date

**360**  
**Health &**  
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**Therapy**  
**Limited**

**Notes to**  
**the**  
**Accounts**

**Year**  
**Ending 31**  
**December**  
**2022**

**1. Statutory Information**

The company is a private limited company, limited by shares, registered in England and Wales

**Company Number**            8816946

**Registered Office**            2 The Precinct

Rest Bay  
Porthcawl  
Glamorgan  
CF36 3RF

## **2. Average Number of Employees**

The average number of employees for the period is 1

## **3. Directors Advances, Credits and Guarantees**

The following advances and credits to a director subsisted during the

Period Ending 31 December 2022

	<u>£</u>	<u>£</u>
Opening Balance	4345	0
Amounts advanced or repaid	900	4345
	-----	-----
Closing balance	5245	4345
	=====	=====

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.