

LOOK AFTER YOURSELF LN5 LIMITED
UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 30 NOVEMBER 2019

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UNAUDITED ACCOUNTS
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LOOK AFTER YOURSELF LN5 LIMITED
COMPANY INFORMATION
FOR THE YEAR ENDED 30 NOVEMBER 2019

Director	Ange Westbrook
Company Number	8789821 (England and Wales)
Accountants	Accountancy Gems Limited 29 Andrew Road St Neots Cams PE19 2QE

LOOK AFTER YOURSELF LN5 LIMITED
STATEMENT OF FINANCIAL POSITION
AS AT 30 NOVEMBER 2019

	Notes	2019 £	2018 £
Current assets			
Cash at bank and in hand		2,079	2,981
Creditors: amounts falling due within one year	4	(1,077)	(1,908)
Net current assets		1,002	1,073
Net assets		1,002	1,073
Capital and reserves			
Called up share capital	5	1,000	1,000
Profit and loss account		2	73
Shareholders' funds		1,002	1,073

For the year ending 30 November 2019 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities. The profit and loss account has not been delivered to the Registrar of Companies.

Approved by the Board on 15 December 2019.

Ange Westbrook
Director

Company Registration No. 8789821

LOOK AFTER YOURSELF LN5 LIMITED
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 30 NOVEMBER 2019

1 Statutory information

Look After Yourself LN5 Limited is a private company, limited by shares, registered in England and Wales, registration number 8789821.

2 Compliance with accounting standards

The accounts have been prepared in accordance with the provisions of FRS 102 Section 1A Small Entities. There were no material departures from that standard.

3 Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year, and also have been consistently applied within the same accounts.

Basis of preparation

The accounts have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets.

Presentation currency

The accounts are presented in £ sterling.

Turnover

Turnover represents the value, net of VAT and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

4 Creditors: amounts falling due within one year

	2019	2018
	£	£
Taxes and social security	1,004	1,835
Other creditors	73	73
	<u>1,077</u>	<u>1,908</u>

5 Share capital

	2019	2018
	£	£
Allotted, called up and fully paid: 1,000 Ordinary shares of £1 each	<u>1,000</u>	<u>1,000</u>

6 Average number of employees

During the year the average number of employees was 0 (2018: 0).

