In accordance with Section 555 of the Companies Act 2006

# **SH01**

## Return of allotment of shares



Avoid rejection of this application by viewing useful guidance on completing form SH01 at www.companieshouse.gov.uk/infoAndGuide/faq/SH01Checklist.shtml

You can use the WebFiling service to file this form online. Please go to www.companieshouse.gov.uk

What this form is for
You may use this form to give
notice of shares allotted following
incorporation.

What this form is NOT I
You cannot use this form
notice of shares taken by
on formation of the comp
for an allotment of a new
shares by an unlimited co



			for an allotment of shares by an unlin		4	09/01/201 COMPANIES I		
	Company deta							
Company number		8 7 8 3 2 8 8					→ Filling in this form Please complete in typescript or in bold black capitals. All fields are mandatory unless specified or indicated by *	
Company name in full	NOURISH ENVINEERING CIAITED					All fields are m		
	Allotment date	-						
From Date To Date	d d m m y y y y  Allotrnent date  If all shares were allotted on the same day enter that date in the from date box, if shares were allotted over a period of time, complete both from date and to date boxes.							
3	Shares allotted	d	<del></del>	,				
	Please give details of the shares allotted, including bonus shares. (Please use a continuation page if necessary.)					O Currency If currency details are not completed we will assume currency is in pound sterling.		
Class of shares (E.g. Ordinary/Preference etc.)		Currency	Number of shares allotted	Nominal value of each share	(lnc	ount paid fuding share mium) on each ste	Amount (if any) unpaid (including share premum) on each share	
ORDINA	ry	E	184,999	١		E I		
					╁	<u>,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,</u>		
<u> </u>	If the allotted shares are fully or partly paid up otherwise than in cash, please state the consideration for which the shares were allotted					Continuation page Please use a continuation page if necessary.		
Details of non-cash consideration.					. <del></del> <u></u>			
If a PLC, please attach valuation report (if appropriate)								

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	Avoid rejection of this application by viewing useful guidance									
	proceedings of this application by the wing desired generally and the street of the st									
Ţ	Section 4 (also Section 5 and Section 6, if appropriate) should reflect the									
	company's issued capital at the date of this return									
4	Statement of capital (Share capital in pound sterling (£))									
			d in pound sterling. If all yo							
		ection 4 and then go								
lass of shares g Ordinary/Preference etc )		Amount paid up on each share ①	Amount (If any) unpaid on each share 10	Number of share	s <b>•</b>	Aggregate nominal value •				
ORDINA	RY	E-1		182,0	00	£ 185,000				
						£				
						£				
					·	E				
			Totals	1820	٥٥	E 185,000				
5	Statement of ca	pital (Share capita	al in other currencies)							
Please complete a sep		ny class of shares held currency.	in other currencies.							
Currency				Number of share	. 0	Aggregate nominal value (				
Class of shares (E.g. Ordmary / Preference etc.)		Amount paid up on each share	Amount (if any) unpaid on each share	, was a same of		Auguregase mannia vaide				
			Totals	<u> </u>						
Currency										
Class of shares (E.g. Ordinary/Preference etc		Amount pard up on each ≤hare ❤	Amount (if any) unpaid on each share	Number of shar	5 <b>9</b>	Aggregate nominal value				
			Totals							
6	Statement of ca	ı <b>pital</b> (Totals)								
	issued share capital Please list total					ggregate normnal value ist total aggregate values i t currencies separately For				
Total number of shares						e' £100 + €100 + \$10 etc.				
Total aggregate nominal value ©										
• including both the nom share premium.	·	●E g Number of shares nominal value of each	share. Ple	ntinuation Page ase use a Statem je if necessary.		tal continuation				
● Total number of issued	shares in this class.			-						

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7	Statement of capital general particulars of such tentracked in a	nares)			
	Please give the prescribed particulars of rights attached to shares for each class of share shown in the statement of capital share tables in Section 4 and Section 5.	OPrescribed particulars of rights attached to shares			
Class of share	ORDINARY	The particulars are a particulars of any voting rights,			
Prescribed particulars	FACE ORDINARY SHARE IS ENTITLED TO ONE VOTE PER SHARE AND PARI PASSU TO DIVIDENDS AND DISTRIBUTION ON WINDING UP.	induding rights that arise only in certain circumstances, b particulars of any rights, as respects dividends, to participate in a distribution, c particulars of any rights, as respects capital, to participate in a distribution (including on winding up), and d whether the shares are to be redeemed or are liable to be redeemed at the option of the company or the shareholder and any terms or conditions relating			
Class of share		to redemption of these shares.  A separate table must be used for			
Prescribed particulars		each class of share.  Continuation page Please use a Statement of Capital continuation page if necessary			
Class of share					
Prescribed particulars					
8	Signature				
	I am signing this form on behalf of the company.	O Societas Europaea			
Signature	Signature X (Le Bushiell X	If the form is being filed on behalf of a Societas Europaea (SE) please delete 'director' and insert details of which organ of the SE the person signing has membership.			
	This form may be signed by:  Director ©, Secretary, Person authorised ©, Administrator, Administrative receiver, Receiver, Receiver manager, CIC manager	O Person authorised Under either section 270 or 274 of the Companies Act 2006			

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# Presenter Information Vinto And Guide Hag/SH You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record Contact name 50H2 WALLER PARTHERS THE QUADLANT RICHMOND SURREY Checklist We may return the forms completed incorrectly or with information missing. Please make sure you have remembered the

following:

- The company name and number match the information held on the public Register.
- ☐ You have shown the date(s) of allotment in section 2.
- You have completed all appropriate share details in
- You have completed the appropriate sections of the Statement of Capital
- You have signed the form

## Important information

Please note that all information on this form will appear on the public record.

### Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below:

For companies registered in England and Wales The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ DX 33050 Cardiff.

For companies registered in Scotland: The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, Scotland, EH3 9FF. DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post).

For companies registered in Northern Ireland: The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street, Belfast, Northern Ireland, BT2 8BG. DX 481 N R. Belfast 1

#### Further information

For further information please see the guidance notes on the website at www.companieshouse gov.uk or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk