ABBREVIATED UNAUDITED ACCOUNTS FOR THE PERIOD 24TH OCTOBER 2013 TO 31ST MARCH 2015 **FOR** 24 FIT AND NUTRITION CLUB LIMITED

02/12/2015 COMPANIES HOUSE

24 FIT AND NUTRITION CLUB LIMITED

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24 FIT AND NUTRITION CLUB LIMITED

<u>COMPANY INFORMATION</u> <u>FOR THE PERIOD 24TH OCTOBER 2013 TO 31ST MARCH 2015</u>

DIRECTORS:

D A Freedman

K A Gallen G H Heeroo N Lingis

REGISTERED OFFICE:

Unit 3, Gateway Mews

Ringway Bounds Green London N11 2UT

REGISTERED NUMBER:

08746762 (England and Wales)

24 FIT AND NUTRITION CLUB LIMITED (REGISTERED NUMBER: 08746762)

ABBREVIATED BALANCE SHEET 31ST MARCH 2015

	Notes	£	£
FIXED ASSETS			
Tangible assets	2		20,145
CURRENT ASSETS			
Debtors		15,817	
Cash at bank		2,382	
		18,199	
CREDITORS		,	
Amounts falling due within one year		35,642	
NET CURRENT LIABILITIES			(17,443)
TOTAL ASSETS LESS CURRENT			
LIABILITIES			<u>2,702</u>
CAPITAL AND RESERVES			
Called up share capital	3		100
Profit and loss account	-		2,602
SHAREHOLDERS' FUNDS			2,702

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 31st March 2015.

The members have not required the company to obtain an audit of its financial statements for the period ended 31st March 2015 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors on its behalf by:	27/11/15 and were signed	or
A		

Director

24 FIT AND NUTRITION CLUB LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS FOR THE PERIOD 24TH OCTOBER 2013 TO 31ST MARCH 2015

1. **ACCOUNTING POLICIES**

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful

Plant and machinery etc

- 15% on reducing balance

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease.

2. TANGIBLE FIXED ASSETS

	Total £
COST Additions	23,701
At 31st March 2015	23,701
DEPRECIATION Charge for period	3,556
At 31st March 2015	3,556
NET BOOK VALUE At 31st March 2015	20,145

3. **CALLED UP SHARE CAPITAL**

Allotted, issued and fully paid:

Number: Class: Nominal

value:

£ 100 100 Ordinary 1