Registered number: 08731545

\_\_\_\_\_\_

LITTLE BOX GYM LTD
DIRECTOR'S REPORT AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 OCTOBER 2016

BIRCH LITTLEMORE & CO

2 THE GRANARY SANDLOW GREEN FARM HOLMES CHAPEL RD, HOLMES CHAPEL CHESHIRE CW4 8AS

\*A6ZZOX2Q\* A04 17/02/2018

COMPANIES HOUSE

#263

# LITTLE BOX GYM LTD Director's Report and Financial Statements For The Year Ended 31 October 2016

### Contents

	Page
Company Information	1
Director's Report	2
Accountant's Report	3
Profit and Loss Account	4
Balance Sheet	5
Notes to the Accounts	6—7
The following pages do not form part of the statutory accounts:	
Trading Profit and Loss Account	8

## LITTLE BOX GYM LTD Company Information For The Year Ended 31 October 2016

**Director** Miss S MORRISON

Company Number 08731545

**Registered Office** 136 St WERBURGHS ROAD

CHORLTON MANCHESTER M21 8UQ

Accountants BIRCH LITTLEMORE & CO

2 THE GRANARY

SANDLOW GREEN FARM

HOLMES CHAPEL RD, HOLMES CHAPEL

CHESHIRE CW4 8AS

### LITTLE BOX GYM LTD Company No. 08731545 Director's Report For The Year Ended 31 October 2016

The director presents her report and the financial statements for the year ended 31 October 2016. 🕝

### **Principal Activity**

The company's principal activity continues to be that of providers of gym and personal trainer.

#### Directors

The directors who held office during the year were as follows:  $\ensuremath{\mathsf{Miss}}$  S  $\ensuremath{\mathsf{MORRISON}}$ 

### **Small Company Rules**

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

On behalf of the board

Miss S MORRISON

07/02/2018

### LITTLE BOX GYM LTD Accountant's Report For The Year Ended 31 October 2016

### Report to the director on the preparation of the unaudited statutory accounts of LITTLE BOX GYM LTD For The Year Ended 31 October 2016

To assist you to fulfil your duties under the Companies Act 2006, I have prepared for your approval the accounts of LTTLE BOX GYM LTD which comprise the Profit and Loss Account, the Balance Sheet and the related notes, from the company's accounting records and from information and explanations you have given us.

As a practising member of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at http://www.accaglobal.com.

This report is made to the director of LITTLE BOX GYM LTD, as a body, in accordance with the terms of our engagement letter dated. Our work has been undertaken solely to prepare for your approval the accounts of LITTLE BOX GYM LTD and state those matters that we have agreed to state to the director of LITTLE BOX GYM LTD, as a body, in this report in accordance with the Association of Chartered Certified Accountants as detailed at http://www.accaglobal.com. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than LITTLE BOX GYM LTD and its director as a body for our work or for this report.

It is your duty to ensure that LITTLE BOX GYM LTD has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and profit or loss of LITTLE BOX GYM LTD. You consider that LITTLE BOX GYM LTD is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the accounts of LITTLE BOX GYM LTD. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.

Birch Littlemore & Co

- Lux c-

07/02/2018

BIRCH LITTLEMORE & CO

2 THE GRANARY SANDLOW GREEN FARM HOLMES CHAPEL RD, HOLMES CHAPEL CHESHIRE CW4 8AS

## LITTLE BOX GYM LTD Profit and Loss Account For The Year Ended 31 October 2016

		2016	2015	
	Notes	£	£	
TURNOVER		2,129	1,462	
Cost of sales		(64)	(2,434)	
GROSS PROFIT/(LOSS)		2,065	(972)	
Administrative expenses		(6,209)	(6,120)	
LOSS FOR THE FINANCIAL YEAR	6	(4,144)	(7,092)	

### Balance Sheet As at 31 October 2016

		2016		20	2015		
	Notes	£	£	£	£		
FIXED ASSETS							
Tangible Assets	3		1,723		2,298		
			1,723		2,298		
CURRENT ASSETS			-70		_,		
Cash at bank and in hand		576		112			
		576		112			
Creditors: Amounts Falling Due Within One Year	4	(12,871)		(8,838)			
NET CURRENT ASSETS (LIABILITIES)			(12,295)		(8,726)		
TOTAL ASSETS LESS CURRENT LIABILITIES			(10,572)		(6,428)		
NET ASSETS			(10,572)		(6,428)		
CAPITAL AND RESERVES							
Called up share capital	5		100		100		
Profit and Loss Account			(10,672)		(6,528)		
SHAREHOLDERS' FUNDS	6	,	(10,572)		(6,428)		

For the year ending 31 October 2016 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

### Director's responsibilities

- The member has not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The director acknowledges her responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2015).

On behalf of the board

Miss S MORRISON

07/02/2018

### LITTLE BOX GYM LTD Notes to the Unaudited Accounts For The Year Ended 31 October 2016

### 1. Accounting Policies

#### 1.1. Basis of Preparation of Financial Statements

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

The accounts do not include a cash flow statement because the company, as a small reporting entity, is exempt from the requirement to prepare such a statement under the Financial Reporting Standard for Smaller Entities (effective January 2015).

#### 1.2. Turnover

Turnover comprises the invoiced value of goods and services supplied by the company, net of Value Added Tax and trade discounts.

#### 1.3. Tangible Fixed Assets and Depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Plant & Machinery

25% reducing balance

#### 1.4. Taxation

Corporation tax payable is provided on taxable income at the current rate.

Deferred taxation is accounted for in accordance with the requirements of Financial Reporting Standard for Smaller Entities (effective January 2015).

#### 2. Operating Loss

The operating loss is stated after charging:

	2016	2015
	£	£
Depreciation of tangible fixed assets	575	766
3. Tangible Assets		
		Plant & Machinery
		£
Cost		
As at 1 November 2015		4,086
As at 31 October 2016		4,086
Depreciation		
As at 1 November 2015		1,788
Provided during the period		575
As at 31 October 2016		2,363
Net Book Value		<del></del>
As at 31 October 2016		1,723
As at 1 November 2015		2,298

### LITTLE BOX GYM LTD Notes to the Unaudited Accounts (continued) For The Year Ended 31 October 2016

4. Creditors: Amounts Falling Due Within One Year				
			2016	2015
			£	£
Other creditors			960	1,380
Director's loan account		_	11,911	7,458
		<u></u>	12,871	8,838
5. Share Capital				
	Value	Number	2016	2015
Allotted, called up and fully paid	£		£	£
Ordinary shares	1.00	100	100	100
6. Reconciliation of Reserves				
			Share Capital	Profit & Loss Account
			£	£
As at 1 November 2015			100	(6,528)
Loss for year				(4,144)
As at 31 October 2016			100	(10,672)

### 7. Ultimate Controlling Party

The company's ultimate controlling party is Miss S.Morrison by virtue of her ownership of 80% of the issued share capital in the company.

# LITTLE BOX GYM LTD Trading Profit and Loss Account For The Year Ended 31 October 2016

	2016		2015	
	£	£	£	£
TURNOVER				
Sales		2,129		1,462
COST OF SALES				
Purchases	64		2,434	
			<del></del>	
		(64)		(2,434)
	_		_	
GROSS PROFIT/(LOSS)		2,065		(972)
Administrative Expenses				
Travel and subsistence expenses	42		-	
Rent	900		-	
Use of private residence	208		208	
Repairs, renewals and maintenance	30		211	
Printing, postage and stationery	551		311	
Telecommunications and data costs	2,012		1,138	
Accountancy fees	480		480	
Professional fees	696		-	
Bank charges	701		367	
Depreciation	575		766	
Sundry expenses	14		2,639	
			<del></del>	
	_	(6,209)	_	(6,120)
NET LOSS	=	(4,144)		(7,092)