

Registered number
08729694

Breaking Constraints Limited

Report and Accounts

31 October 2021

Breaking Constraints Limited
Balance Sheet
as at 31 October 2021

	2021	2020
	£	£
Current assets	287,213	292,233
	<u>287,213</u>	<u>292,233</u>
Creditors: amounts falling due within one year	(23,515)	(68,709)
Net current assets	263,698	223,524
Total assets less current liabilities	<u>263,698</u>	<u>223,524</u>
Accruals and deferred income	(160,300)	-
Net assets	<u><u>103,398</u></u>	<u><u>223,524</u></u>
Capital and reserves	<u><u>103,398</u></u>	<u><u>223,524</u></u>

The director controls the company.

During the year the company paid £312 (2020 : £269) to R Trett for use of home as office.

During the period there were 2 employees of the company.

The director is satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

Members have not required the company to obtain an audit in accordance with section 476 of the Act.

The director acknowledges his responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the micro entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered.

The company's registered office is at SUITE 1 SECOND FLOOR EVERDENE HOUSE, DEANSLEIGH ROAD, BOURNEMOUTH, BH7 7DU.

R Trett

Director

Approved by the board on 29 July 2022

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.