



Companies House

AR01 (ef)

Annual Return



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Company Name: **BREAKING CONSTRAINTS LIMITED**

Company Number: **08729694**

Date of this return: **11/10/2014**

SIC codes: **70229**

Company Type: **Private company limited by shares**

Situation of Registered Office: **C/O INTOUCH ACCOUNTING
SUITE 1 SECOND FLOOR EVERDENE HOUSE
DEANSLEIGH ROAD
BOURNEMOUTH
ENGLAND
BH7 7DU**

Officers of the company

Company Director **1**

Type: **Person**

Full forename(s): **MR RICHARD JOHN**

Surname: **TRETT**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **ENGLAND**

Date of Birth: **10/07/1968**

Nationality: **BRITISH**

Occupation: **PORTFOLIO MANAGER**

Statement of Capital (Share Capital)

Class of shares	ORDINARY £1	<i>Number allotted</i>	100
		<i>Aggregate nominal value</i>	100
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

EACH SHARE HAS FULL RIGHTS IN THE COMPANY WITH RESPECT TO VOTING, DIVIDENDS AND DISTRIBUTIONS.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	100
		<i>Total aggregate nominal value</i>	100

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 11/10/2014 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **100 ORDINARY £1 shares held as at the date of this return**
Name: **RICHARD TRETT**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.