



Companies House

AR01 (ef)

Annual Return



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Company Name: **FIT SCHOOL LIMITED**

Company Number: **08670052**

Date of this return: **30/08/2015**

SIC codes: **93120**

Company Type: **Private company limited by shares**

Situation of Registered Office: **47 CHARLES STREET
EPPING
ESSEX
CM16 7AX**

Officers of the company

Company Director ***1***

Type: **Person**

Full forename(s): **MR CHRISTOPHER**

Surname: **LAING**

Former names:

Service Address: **47 CHARLES STREET
EPPING
ESSEX
UNITED KINGDOM
CM16 7AX**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: ****/10/1977** *Nationality:* **BRITISH**

Occupation: **PERSONAL TRAINER**

Company Director 2

Type: **Person**
Full forename(s): **MRS KAREN**

Surname: **LAING**

Former names: **HALL**

Service Address: **47 CHARLES STREET
EPPING
ESSEX
UNITED KINGDOM
CM16 7AX**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: ****/12/1976** *Nationality:* **BRITISH**
Occupation: **PILATES INSTRUCTOR/WRITER**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	100
		<i>Aggregate nominal value</i>	100
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0
		<i>Amount unpaid per share</i>	0

Prescribed particulars

EACH SHARE HAS FULL RIGHTS IN THE COMPANY WITH RESPECT TO VOTING, DIVIDENDS AND DISTRIBUTIONS.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	100
		<i>Total aggregate nominal value</i>	100

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 30/08/2015 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : 100 ORDINARY shares held as at the date of this return
Name: CHRISTOPHER LAING

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.