



Companies House

AR01 (ef)

Annual Return



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Company Name: **SMOOTH GYM LTD**

Company Number: **08654351**

Date of this return: **16/08/2014**

SIC codes: **93130**

Company Type: **Private company limited by shares**

Situation of Registered Office: **24 OSWALD ROAD
CHORLTON CUM HARDY
MANCHESTER
GREATER MANCHESTER
UNITED KINGDOM
M21 9LP**

Officers of the company

Company Director **1**

Type: **Person**

Full forename(s): **MR AHMAD**

Surname: **NADEEM**

Former names:

Service Address: **5 BRIGHTGATE WAY
OFF BARTON DOCK RD
STRETFORD
MANCHESTER
M32 0TB**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **27/02/1969**

Nationality: **BRITISH**

Occupation: **DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	1
		<i>Aggregate nominal value</i>	1
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

VOTING RIGHTS - SHARES RANK EQUALLY FOR VOTING PURPOSES. ON A SHOW OF HANDS EACH MEMBER SHALL HAVE ONE VOTE AND ON A POLL EACH MEMBER SHALL HAVE ONE VOTE PER SHARE HELD. DIVIDEND RIGHTS - EACH SHARE RANKS EQUALLY FOR ANY DIVIDEND DECLARED. DISTRIBUTION RIGHTS ON A WINDING UP - EACH SHARE RANKS EQUALLY FOR ANY DISTRIBUTION MADE ON A WINDING UP. REDEEMABLE SHARES - THE SHARES ARE NOT REDEEMABLE.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	1
		<i>Total aggregate nominal value</i>	1

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 16/08/2014 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **1 ORDINARY shares held as at the date of this return**
Name: **AHMAD NADEEM**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.