

Company Registration No 08631074 (England and Wales)

**KNOTS ARTS CIC
ANNUAL REPORT AND UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31 JULY 2016**

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**KNOTS ARTS CIC
ANNUAL REPORT AND UNAUDITED ACCOUNTS
CONTENTS**

	Page
Company information	3
Directors' report	4
Profit and loss account	5
Balance sheet	6
Notes to the accounts	7

**KNOTS ARTS CIC
COMPANY INFORMATION
FOR THE YEAR ENDED 31 JULY 2016**

Directors	H EAST C YATES R HAND
Company Number	08631074 (England and Wales)
Registered Office	PO BOX 63496 LONDON SE4 9DD

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KNOTS ARTS CIC
(COMPANY NO. 08631074 ENGLAND AND WALES)
DIRECTORS' REPORT

The directors present their report and accounts for the year ended 31 July 2016

Principal activity

To support children and young people with social communication difficulties such as autism, through practical activities, including drama & youth work

Directors

The following directors held office during the whole of the period

H EAST
C YATES
R HAND

Statement of directors' responsibilities

The directors are responsible for preparing the report and accounts in accordance with applicable law and regulations

Company law requires the directors to prepare accounts for each financial year. Under that law, the directors have elected to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing these accounts the directors are required to

- select suitable accounting policies and then apply them consistently,
- make judgements and estimates that are reasonable and prudent,
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the company will continue in business

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small company provisions

This report has been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

Signed on behalf of the board of directors



H EAST
Director

Approved by the board on 8 September 2016

KNOTS ARTS CIC
PROFIT AND LOSS ACCOUNT
FOR THE YEAR ENDED 31 JULY 2016

	Notes	2016 £	2015 £
Turnover		26,429	19,580
Cost of sales		(18,749)	(14,994)
Gross profit		<u>7,680</u>	<u>4,586</u>
Administrative expenses		(1,790)	(2,139)
Operating profit		<u>5,890</u>	<u>2,447</u>
Interest receivable		-	11
Profit on ordinary activities before taxation		<u>5,890</u>	<u>2,458</u>
Tax on profit on ordinary activities		-	-
Profit for the year		<u><u>5,890</u></u>	<u><u>2,458</u></u>

**KNOTS ARTS CIC
BALANCE SHEET
AS AT 31 JULY 2016**

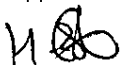
	Notes	2016 £	2015 £
Current assets			
Debtors	2	-	57
Cash at bank and in hand		16,720	9,999
		<u>16,720</u>	<u>10,056</u>
Creditors amounts falling due within one year	3	(16,720)	(10,056)
		<u>-</u>	<u>-</u>
Net current assets			
		<u>-</u>	<u>-</u>
Net assets			
		<u>-</u>	<u>-</u>
Members' funds			
		<u>-</u>	<u>-</u>

For the year ending 31 July 2016 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Approved by the board on 8 September 2016



H EAST
Director

Company Registration No 08631074

KNOTS ARTS CIC
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 JULY 2016

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

The Company is limited by guarantee and does not trade with a view to profit, only to cover its liabilities

Turnover

Turnover represents the value, net of VAT and discounts, of goods provided to customers and work carried out in respect of services provided to customers

All turnover is made up of Donations, Subscriptions and grants

2 Debtors

	2016	2015
	£	£
Prepayments and accrued income	-	57

3 Creditors amounts falling due within one year

	2016	2015
	£	£
Trade creditors	1,804	1,030
Other creditors	14,916	9,026
	<u>16,720</u>	<u>10,056</u>

4 Company limited by guarantee

The company is limited by guarantee and has no share capital

Every member of the company undertakes to contribute to the assets of the company, in the event of a winding up, such an amount as may be required not exceeding £1

5 Profit and loss account

	£
Profit for the year	5,890
Transfer to capital redemption reserve	(5,890)
At 31 July 2016	<u>-</u>

CIC 34**Community Interest Company Report**

For official use
(Please leave blank)

*Please
complete in
typescript, or
in bold black
capitals*

**Company Name in
full**

Knots Arts CIC

Company Number

08631074

Year Ending

31/07/16

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a fair and accurate description of how they have benefited the community, or section of the community, which the company is intended to serve.

Over the course of 2015-16 we have run drama and youth club sessions supporting a total of 69 children and young people aged between 4 – 23 in London. Our services were delivered in the London Borough of Richmond. 30 youth club sessions were delivered between September 2015 and July 2016, supporting 21 young people aged 14-23 with social communication difficulties such as autism or Asperger's.

We ran 30 weeks of drama sessions, comprising of 100 hour long sessions over the year supporting a total of 30 children aged 4 – 16 years old.

Initially we were supporting 17 children through 3 sessions per week in September 2015, this had risen to 23 children through 4 sessions per week by the end of July 2016. All of these children were experiencing some form of social communication difficulty, such as autism, Asperger's or ADHD. All drama sessions were delivered by our drama leaders and supported twice termly by a qualified speech and language therapist.

In July 2016 we embarked on our first holiday project. A week long programme of arts sessions for children aged 4 – 12 years.

Please see attached sheet for further information

(If applicable, please just state "A social audit report covering these points is attached")

(Please continue on separate continuation sheet if necessary)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are, how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear

The children and young people that we work with and their families are our main stakeholders. Our freelance staff and volunteers alongside our funders and wider circle of supporters also play a stakeholder role in our work.

Young people's needs and views continually feed into the work that we carry out at Knots Arts. At the beginning of each term the drama leader and youth leader work with the children and young people to set a theme or a programme of activities for the term. This is then carried out with the input of the children and young people throughout. For example, children in drama help to choose games and activities played each week and youth club members plan their end of term trips, assisted by youth club staff and volunteers. There is continued discussion and consultation with parents on suitable and relevant activities and the specific needs of their child. This ensures that the support we offer is making a direct impact on their social communication needs.

Please see additional sheet for further information

(If applicable, please just state "A social audit report covering these points is attached")

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below

Directors only received remuneration for their direct work undertaken within drama and youth club groups but did not receive any additional remuneration.

The total sum of remuneration received by directors was £7,335.52 over the course of the year.

There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed.

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below

No transfer of assets other than for full consideration has been made.

(Please continue on separate continuation sheet if necessary)

(N.B. Please enclose a cheque for £15 payable to Companies House)

PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

Signed

H. East

Date

10/10/16

Office held (tick as appropriate) ☒ Director ☐ Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Hazel East, Development Director	
PO Box 63496	
London	
SE4 9DD	Telephone 07980083297
DX Number	DX Exchange

When you have completed and signed the form, please send it to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG

Part 1 continued

Drama in Richmond

Feedback from the children, young people and their parents/carers continues to be incredibly positive. We continue to see improvements in group members ability to communicate, especially with their peers, leading to an increase in friendships and confidence. One parent told us

"My child benefits from the small class size as it means the teachers can better support his needs. The additional support has also helped boost his confidence and helped give him the courage to speak in a group. He is learning important life skills such as the art of two way conversation, listening, supporting friends and following instructions while having lots of fun. Also the slower pace and repetition enables my son to keep up with the activities whereas in a mainstream class he often struggles to keep up. Knots drama boosts my sons confidence as his class has kids with similar difficulties so no one feels judged."

Drama in Southwark (pilot project)

In addition to our established sessions in Richmond we ran a 10 week pilot drama session for children in Southwark. The 6 children who took part all had social communication difficulties and were attending a mainstream school in North Dulwich. The pilot focused on working with the school to identify children who could benefit from our support and was well received by parents and carers. Unfortunately due to the closure of the children's centre where these sessions were hosted the pilot will not be going forward as a permanent project as had been planned.

Dramatherapy

Through feedback from parents we began offering referrals for a 1:1 dramatherapy service for children who could benefit from specific therapeutic input. This service is delivered by a trained drama therapist and has so far been taken up by one member of the drama group to great effect.

Youth Club

In addition to the 30 youth club sessions, we also supported youth club members to go on 5 trips to attractions in London visiting the Imperial War Museum, the Cartoon Museum and the Tate Modern as well as having a meal out at Nando's in Richmond and having a day of Bowling and Lazerquest in Feltham.

Many members of our youth club tell us that it is their favourite part of the week, with many arriving early and not wanting to leave at the end of sessions. Many of these young people struggle to make friends in a mainstream setting but have developed lasting and meaningful relationships with other members of the group.

One parent told us

"My son benefits from attending Knots Arts as it is his only social activity where he just meets his peers. He does not take part in other clubs (except a

football session that he goes to with his Dad) and his other activities are solitary or usually with adults. Knots Arts is different because he is able to come and go independently and he has more freedom, I believe, to do (or not do) what he would like when he is at the club. He is not a "joiner in" but he is always happy to come along to youth club"

Part 2 continued

We also continually seek the input and ideas of our freelance staff and volunteers to ensure that we are both offering the best possible support for children and young people as well as helping staff to develop their practice and delivery skills

We ensure we work closely with our funders, such as BBC Children in Need, to identify their requirements and make sure our evaluation and monitoring procedures are both robust enough to meet their needs and give useful and practical feedback to parents and carers