

REGISTERED NUMBER: 08596469 (England and Wales)

Financial Statements for the Year Ended 31 July 2017

for

Limitless You Ltd

Limitless You Ltd (Registered number: 08596469)

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for the year ended 31 July 2017**

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DIRECTOR: Mrs S Ashworth

REGISTERED OFFICE: 99 Canterbury Road
Whitstable
Kent
CT5 4HG

REGISTERED NUMBER: 08596469 (England and Wales)

ACCOUNTANTS: P H Accountancy Ltd
99 Canterbury Road
Whitstable
Kent
CT5 4HG

Balance Sheet
31 July 2017

	Notes	2017 £	2016 £
CURRENT ASSETS			
Debtors	4	11,239	-
Cash at bank and in hand		<u>22,150</u>	<u>8,457</u>
		33,389	8,457
CREDITORS			
Amounts falling due within one year	5	<u>33,365</u>	<u>8,439</u>
NET CURRENT ASSETS		<u>24</u>	<u>18</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>24</u>	<u>18</u>
CAPITAL AND RESERVES			
Called up share capital		1	1
Retained earnings	6	<u>23</u>	<u>17</u>
SHAREHOLDERS' FUNDS		<u>24</u>	<u>18</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 July 2017.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 July 2017 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

The financial statements have been prepared and delivered in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the director on 6 October 2017 and were signed by:

Mrs S Ashworth - Director

**Notes to the Financial Statements
for the year ended 31 July 2017**

1. STATUTORY INFORMATION

Limitless You Ltd is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

These financial statements have been prepared in accordance with the provisions of Section 1A "Small Entities" of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Turnover

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

Taxation

Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

3. EMPLOYEES AND DIRECTORS

The average number of employees during the year was 3.

4. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2017	2016
	£	£
Trade debtors	10,093	-
Other debtors	1,146	-
	<u>11,239</u>	<u>-</u>

Notes to the Financial Statements - continued
for the year ended 31 July 2017

5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2017	2016
	£	£
Trade creditors	5,482	-
Taxation and social security	26,933	1,760
Other creditors	950	6,679
	<u>33,365</u>	<u>8,439</u>

6. RESERVES

	Retained earnings £
At 1 August 2016	17
Profit for the year	60,956
Dividends	<u>(60,950)</u>
At 31 July 2017	<u>23</u>

**Report of the Accountants to the Director of
Limitless You Ltd**

The following reproduces the text of the report prepared for the director in respect of the company's annual unaudited financial statements. In accordance with the Companies Act 2006, the company is only required to file a Balance Sheet. Readers are cautioned that the Income Statement and certain other primary statements and the Report of the Director are not required to be filed with the Registrar of Companies.

As described on the Balance Sheet you are responsible for the preparation of the financial statements for the year ended 31 July 2017 set out on pages nil to nil and you consider that the company is exempt from an audit.

In accordance with your instructions, we have compiled these unaudited financial statements in order to assist you to fulfil your statutory responsibilities, from the accounting records and information and explanations supplied to us.

P H Accountancy Ltd
99 Canterbury Road
Whitstable
Kent
CT5 4HG

Date:

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.