REGISTERED NUMBER: 08596469 (England and Wales)

ABBREVIATED UNAUDITED ACCOUNTS FOR THE YEAR ENDED 31 JULY 2015

FOR

LIMITLESS YOU LTD

CONTENTS OF THE ABBREVIATED ACCOUNTS FOR THE YEAR ENDED 31 JULY 2015

COMPANY INFORMATION
FOR THE YEAR ENDED 31 JULY 2015

DIRECTOR: Miss S E Ashworth

SECRETARY:

REGISTERED OFFICE: 17 Eastern Road
London
SE4 1JU

REGISTERED NUMBER: 08596469 (England and Wales)

ABBREVIATED BALANCE SHEET
31 JULY 2015

	Notes	2015 £	2014 £
CURRENT ASSETS			
Debtors		-	360
Cash at bank and in hand		**3,425**	560
		3,425	920
CREDITORS			
Amounts falling due within one year		**7,906**	616
NET CURRENT (LIABILITIES)/ASSETS		**(4,481)**	304
TOTAL ASSETS LESS CURRENT LIABILITIES		**(4,481)**	304
CAPITAL AND RESERVES			
Called up share capital	2	**1**	1
Profit and loss account		**(4,482)**	303
SHAREHOLDERS' FUNDS		**(4,481)**	304

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 July 2015.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 July 2015 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

(a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The notes form part of these abbreviated accounts

continued...

ABBREVIATED BALANCE SHEET - continued
31 JULY 2015

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 18 April 2016 and were signed by:

Miss S E Ashworth - Director

NOTES TO THE ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 31 JULY 2015

1. ACCOUNTING POLICIES

Accounting convention
The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover
Turnover represents net invoiced sales of goods, excluding value added tax.

Deferred tax
Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Hire purchase and leasing commitments
Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease.

2. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	**2015** **£**	2014 £
1	Ordinary	1	**1**	1