Unaudited Financial Statements

for the Year Ended 30 June 2022

<u>for</u>

Beare Essentials Limited

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Beare Essentials Limited

Company Information for the Year Ended 30 June 2022

DIRECTORS:	Dr M Beare Mrs D A Beare
SECRETARY:	Mrs D A Beare
REGISTERED OFFICE:	23 Heather Close Thurston Bury St Edmunds Suffolk IP31 3PX
REGISTERED NUMBER:	08576320 (England and Wales)
ACCOUNTANTS:	Knights Lowe Chartered Accountants Eldo House Kempson Way Suffolk Business Park Bury St Edmunds Suffolk

IP32 7AR

Balance Sheet 30 June 2022

		2022		2021	
	Notes	£	£	£	£
FIXED ASSETS					
Tangible assets	4		378		499
CURRENT ASSETS					
Debtors	5	-		4,976	
Cash at bank		191,304		193,281	
		191,304		198,257	
CREDITORS					
Amounts falling due within one year	6	<u> 1,612</u>		2,209	
NET CURRENT ASSETS			189,692		196,048
TOTAL ASSETS LESS CURRENT LIABILITIES			190,070		196,547
PROVISIONS FOR LIABILITIES	7		72		95
NET ASSETS			189,998		196,452
CAPITAL AND RESERVES					
Called up share capital	8		100		100
Retained earnings			189,898		196,352
SHAREHOLDERS' FUNDS			189,998		196,452

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 June 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 June 2022 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

continued...

Balance Sheet - continued 30 June 2022

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the Board of Directors and authorised for issue on 17 January 2023 and were signed on its behalf by:

Dr M Beare - Director

Mrs D A Beare - Director

Notes to the Financial Statements for the Year Ended 30 June 2022

1. STATUTORY INFORMATION

Beare Essentials Limited is a private company, limited by shares , registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

The presentation currency of the financial statements is the Pound Sterling (£).

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

COVID-19

The effects of the global COVID-19 pandemic have been carefully considered when preparing these financial statements. These financial statements continue to be prepared on a going concern basis as the directors are confident that the company is in a strong financial position to continue to trade going forward.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - 15% on reducing balance Computer equipment - 25% on reducing balance

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Notes to the Financial Statements - continued for the Year Ended 30 June 2022

2. ACCOUNTING POLICIES - continued

Financial instruments

The company only enters into basic financial instruments transactions that result in the recognition of financial assets and liabilities like trade and other accounts receivable and payable, and loans from banks or other related parties.

Debt instruments, like loans and other accounts receivable and payable, are initially measured at present value of the future payments and subsequently at amortised cost using the effective interest method. Debt instruments that are payable or receivable within one year, typically trade payables or receivables, are measured, initially and subsequently, at the undiscounted amount of the cash or other consideration, expected to be paid or received. However if the arrangements of a short-term instrument constitute a financing transaction, like the payment of a trade debt deferred beyond normal business terms or financed at a rate of interest that is not a market rate or in case of an outright short-term loan not at market rate, the financial asset or liability is measured, initially and subsequently, at the present value of the future payment discounted at a market rate of interest for a similar debt instrument.

Financial assets that are measured at cost and amortised cost are assessed at the end of each reporting period for objective evidence of impairment. If objective evidence of impairment is found, an impairment loss is recognised in the Statement of Comprehensive Income.

For financial assets measured at amortised cost, the impairment loss is measured as the difference between an asset's carrying amount and the present value of estimated cash flows discounted at the asset's original effective interest rate. If a financial asset has a variable interest rate, the discount rate for measuring any impairment loss is the current effective interest rate determined under the contract.

For financial assets measured at cost less impairment, the impairment loss is measured as the difference between an asset's carrying amount and best estimate, which is an approximation of the amount that the company would receive for the asset if it were to be sold at the balance sheet date.

Financial assets and liabilities are offset and the net amount reported in the Balance sheet when there is an enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Taxation

Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

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Notes to the Financial Statements - continued for the Year Ended 30 June 2022

2. ACCOUNTING POLICIES - continued

Impairment

At each reporting date, goodwill and other fixed assets, including tangible fixed assets and investments but excluding investment properties, are assessed to determine whether there is an indication that the carrying amount of an asset may be more than its recoverable amount and that the asset should be impaired. If there is an indication of possible impairment, the recoverable amount of an asset, which is the higher of its value in use and its net realisable value, is estimated and compared with its carrying amount. If the recoverable amount is lower, the carrying amount of the asset is written down to its estimated recoverable amount and an impairment loss is recognised in profit and loss.

3. EMPLOYEES AND DIRECTORS

The average number of employees during the year was 2 (2021 - 2).

4. TANGIBLE FIXED ASSETS

			Plant and machinery etc £
	COST		_
	At 1 July 2021		
	and 30 June 2022		2,640
	DEPRECIATION		
	At 1 July 2021		2,141
	Charge for year		<u> 121</u>
	At 30 June 2022		2,262
	NET BOOK VALUE		
	At 30 June 2022		<u>378</u>
	At 30 June 2021		<u>499</u>
5.	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
		2022	2021
		£	£
	Other debtors		<u>4,976</u>
6.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
		2022	2021
		£	£
	Taxation and social security	-	509
	Other creditors	<u> 1,612</u>	1,700
		<u> 1,612</u>	<u>2,209</u>

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Notes to the Financial Statements - continued for the Year Ended 30 June 2022

7. PROVISIONS FOR	LIABILITIES
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8.

9.

100

		2022 £	2021 £
Deferred tax Accelerated capital allowances		<u>72</u>	<u>95</u>
			Deferred tax £
Balance at 1 July 2021 Credit to Income Statement during year Balance at 30 June 2022			95 (23) 72
CALLED UP SHARE CAPITAL			
Allotted, issued and fully paid: Number: Class:	Nomina l	2022	2021

value:

£1

£

100

£

100

Ordinary

DIRECTORS' ADVANCES, CREDITS AND GUARANTEES

The following advances and credits to directors subsisted during the years ended 30 June 2022 and 30 June 2021:

	2022	2021
	£	£
Dr M Beare and Mrs D A Beare		
Balance outstanding at start of year	1,676	1,199
Amounts advanced	-	789
Amounts repaid	(1,676)	(312)
Amounts written off	-	-
Amounts waived	-	-
Balance outstanding at end of year		1,676

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.