

Registered Number 08571691

5 RINGS FITNESS UK LIMITED

Abbreviated Accounts

30 June 2014

Abbreviated Balance Sheet as at 30 June 2014

	<i>Notes</i>	<i>2014</i>
		£
Called up share capital not paid		4,000
Fixed assets		
Intangible assets		-
Tangible assets		-
Investments	2	1,000
		<u>1,000</u>
Current assets		
Stocks		-
Debtors	3	-
Investments		-
Cash at bank and in hand		325
		<u>325</u>
Prepayments and accrued income		100
Creditors: amounts falling due within one year		(3,000)
Net current assets (liabilities)		<u>(2,575)</u>
Total assets less current liabilities		<u>2,425</u>
Creditors: amounts falling due after more than one year		(2,000)
Provisions for liabilities		0
Accruals and deferred income		(200)
Total net assets (liabilities)		<u><u>225</u></u>
Capital and reserves		
Called up share capital		225
Share premium account		0
Revaluation reserve		0
Other reserves		0
Profit and loss account		0
Shareholders' funds		<u><u>225</u></u>

- For the year ending 30 June 2014 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 15 July 2014

And signed on their behalf by:

Temitope Nuga, Director

Notes to the Abbreviated Accounts for the period ended 30 June 2014

1 Accounting Policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

2 Fixed assets Investments

Creation and design of website
Logo and branding design

3 Debtors

Payment expected from clients

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.