



Companies House

AR01 (ef)

Annual Return



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Company Name: **AR FITNESS SOLUTIONS LTD**

Company Number: **08556005**

Date of this return: **04/06/2016**

SIC codes: **96040**

Company Type: **Private company limited by shares**

Situation of Registered Office: **UNIT 11 HOVE BUSINESS CENTRE
FONTHILL ROAD
HOVE
EAST SUSSEX
BN3 6HA**

Officers of the company

Company Director **1**

Type: **Person**
Full forename(s): **MR ALISTAIR**

Surname: **RAMSAY**

Former names:

Service Address: **2 NORTH LODGE
POLESDEN LACEY
DORKING
UNITED KINGDOM
RH5 6BB**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: ****/02/1983** *Nationality:* **BRITISH**
Occupation: **PERSONAL TRAINER**

Statement of Capital (Share Capital)

Class of shares	ORD	<i>Number allotted</i>	1
		<i>Aggregate nominal value</i>	1
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

ONE VOTE PER SHARE, WITH RESIDUAL INTEREST, EQUAL RIGHTS TO DIVIDENDS, NO OPTION TO REDEEM.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	1
		<i>Total aggregate nominal value</i>	1

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 04/06/2016 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **1 ORD shares held as at the date of this return**
Name: **ALISTAIR RAMSAY**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.