

**SO PROFESSIONAL HEALTH & SAFETY LTD**  
**UNAUDITED ACCOUNTS**  
**FOR THE YEAR ENDED 30 APRIL 2023**

**SO PROFESSIONAL HEALTH & SAFETY LTD**  
**UNAUDITED ACCOUNTS**  
**CONTENTS**

---

	<b>Page</b>
<u>Company information</u>	<u>3</u>
<u>Statement of financial position</u>	<u>4</u>
<u>Notes to the accounts</u>	<u>5</u>

**SO PROFESSIONAL HEALTH & SAFETY LTD**  
**COMPANY INFORMATION**  
**FOR THE YEAR ENDED 30 APRIL 2023**

---

<b>Director</b>	Jonathan Sullivan
<b>Company Number</b>	08501594 (England and Wales)
<b>Registered Office</b>	6 Coghlan Close Fareham Hampshire PO16 7YF
<b>Accountants</b>	Clare Weeks Accounting 18 Drift Road Wallington Fareham Hampshire PO16 8SY

**SO PROFESSIONAL HEALTH & SAFETY LTD**  
**STATEMENT OF FINANCIAL POSITION**  
**AS AT 30 APRIL 2023**

	Notes	2023 £	2022 £
<b>Current assets</b>			
Debtors	5	7,720	5,946
Cash at bank and in hand		68,912	59,842
		<u>76,632</u>	<u>65,788</u>
<b>Creditors: amounts falling due within one year</b>	6	(30,320)	(25,382)
<b>Net current assets</b>		<u>46,312</u>	<u>40,406</u>
<b>Net assets</b>		<u>46,312</u>	<u>40,406</u>
<b>Capital and reserves</b>			
Called up share capital		1	1
Profit and loss account		46,311	40,405
<b>Shareholders' funds</b>		<u>46,312</u>	<u>40,406</u>

For the year ending 30 April 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities. The profit and loss account has not been delivered to the Registrar of Companies.

The financial statements were approved by the Board and authorised for issue on 19 September 2023 and were signed on its behalf by

Jonathan Sullivan  
Director

Company Registration No. 08501594

**SO PROFESSIONAL HEALTH & SAFETY LTD**  
**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED 30 APRIL 2023**

---

**1 Statutory information**

So Professional Health & Safety Ltd is a private company, limited by shares, registered in England and Wales, registration number 08501594. The registered office is 6 Coghlan Close, Farcham, Hampshire, PO16 7YF.

**2 Compliance with accounting standards**

The accounts have been prepared in accordance with the provisions of FRS 102 Section 1A Small Entities. There were no material departures from that standard.

**3 Accounting policies**

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year, and also have been consistently applied within the same accounts.

***Basis of preparation***

The accounts have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets.

***Presentation currency***

The accounts are presented in £ sterling.

***Tangible fixed assets and depreciation***

Tangible assets are included at cost less depreciation and impairment. Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives:

Computer equipment	100%
--------------------	------

**4 Tangible fixed assets**

	<b>Computer equipment £</b>
<b>Cost or valuation</b>	<b>At cost</b>
At 1 May 2022	4,952
Additions	735
At 30 April 2023	5,687
<b>Depreciation</b>	
At 1 May 2022	4,952
Charge for the year	735
At 30 April 2023	5,687
<b>Net book value</b>	
At 30 April 2023	-

**5 Debtors**

	<b>2023 £</b>	<b>2022 £</b>
<b>Amounts falling due within one year</b>		
Trade debtors	7,674	5,766
Other debtors	46	180
	7,720	5,946

**SO PROFESSIONAL HEALTH & SAFETY LTD**  
**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED 30 APRIL 2023**

---

<b>6 Creditors: amounts falling due within one year</b>	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Taxes and social security	3,598	4,740
Loans from directors	13,533	8,642
Accruals	13,189	12,000
	<hr/>	<hr/>
	30,320	25,382
	<hr/> <hr/>	<hr/> <hr/>

**7 Average number of employees**

During the year the average number of employees was 1 (2022: 1).

