

Registered Number 08487837

ENERGY MILL GYM LIMITED

Abbreviated Accounts

30 April 2014

Abbreviated Balance Sheet as at 30 April 2014

	Notes	2014 £
Fixed assets		
Tangible assets	2	4,919
		<u>4,919</u>
Current assets		
Cash at bank and in hand		129
		<u>129</u>
Creditors: amounts falling due within one year		<u>(8,110)</u>
Net current assets (liabilities)		<u>(7,981)</u>
Total assets less current liabilities		<u>(3,062)</u>
Total net assets (liabilities)		<u>(3,062)</u>
Capital and reserves		
Called up share capital		100
Profit and loss account		(3,162)
Shareholders' funds		<u>(3,062)</u>

- For the year ending 30 April 2014 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 5 June 2014

And signed on their behalf by:

Daniel Philip Mills, Director

Notes to the Abbreviated Accounts for the period ended 30 April 2014

1 Accounting Policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers

2 Tangible fixed assets

	£
Cost	
Additions	6,559
Disposals	-
Revaluations	-
Transfers	-
At 30 April 2014	<u>6,559</u>
Depreciation	
Charge for the year	1,640
On disposals	-
At 30 April 2014	<u>1,640</u>
Net book values	
At 30 April 2014	<u><u>4,919</u></u>

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